

### Don't look for

(Poetic form :: AA Sonnet – 12 Step Sonnet)

May be you're feeling alone looking for  
a way to bring back happiness in life  
a bright day waiting for someone who makes  
you feel joyful just so special, no sore  
someone whose voices assures no more strife  
who feels you, stay loyal, loneliness breaks.

She will love the way no one has ever  
loved; free from tension, without her you'll feel  
empty; she will fill that abyss amply.  
But, why do you have to look for lover;  
Time to think anew, can't you try to heal  
being loved, special through self-love frankly?

Self love brings bliss, don't look for someone to  
be loved, let your 'someone' find you.

~X~X~X~

AA Sonnet – 12 Step Sonnet Form:: was invented by Larry Eberhart, aka,  
Lawrencealot

It followed pattern of the Burmese poem form a Ya Du, in that it uses staircase-  
rhyme as well as end-rhyme.

The sonnet can be written in either Iambic or Trochaic Tetrameter or Pentameter.  
The form is different for each, because of the 12-Step internal rhyme pattern.

The Tetrameter version is three quatrains and a couplet, Rhyme Pattern: abab cdcd  
efef gg

The internal rhyme has the first syllable rhyming with ....

For each stanza the first syllable in line 1 rhymes with the 2nd syllable in line 2 with the  
3rd syllable in line 3, and with the 4th syllable in line 3.

The Pentameter version is two sestet and a couplet.

Rhyme Pattern is abcabc dedede ff.

The same scheme is applied to each stanza as was used in the tetrameter version,  
except at Line 4, and L10 new rhyme sounds are selected. (This limiting required  
rhymes to three)

No Volta is required, but may be used anywhere at poet's discretion.

Pasted from <http://poetscollective.org/everysonnet/aa-sonnet-12-step-sonnet/>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

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Count your blessings

(Poetic form :: Acrostic Sonnet)

Changing outlook from negative to positive  
Our happiness starts with positivity;  
Undermining our joy by withholding grudge  
Never good things can be achieved with sadness  
The best moments of life can't be surrounded with misery.

Yes, people will try to impress upon their views.  
Only you can decide whether to accept it or not.  
Understand the purpose patiently  
Review it from both sides before agreeing

Believe in yourself.  
Learn the practice of self respecting.  
Else Life will be meaningless with internal suffering  
Some conditions need to be worked to avoid dissatisfaction  
Sincere effort required to keep away from negativity in life  
If one feels so unsatisfied, it will have impact on state of mind  
Never quit, wise people said.  
Grudges are waste of time, take remedial steps.  
Stay calm to be peaceful; be happy with what we have.

**Acrostic Sonnet Form**

There are several variations of acrostics, the simplest is  
a poem where the first characters of each line spell out  
a word, name, phrase or sentence.

One can design an acrostic using any existing form,  
or no form at all. That does not thereby create a new  
form, but is merely application of a device.

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Pasted from <http://everysonnet.blogspot.com/2012/11/acrostic-sonnet.html>

Personality  
(Poetic form :: Alfred Dorn Sonnet)

It's the unique nature too prominent  
in a person who is seen as label  
of an assemblage of one's qualities.  
Though these attributes very dominant  
but changes often over time, able  
to dictate based on current policies,  
acts, behaviours received from other  
transforming at each time; one may wonder  
if personality shifts consequent  
to other change in one's environment,  
how one can explain to give prominence  
to identify person, correlate  
based on her quality and postulate  
on personality, it's irritant.  
~X~

The Alfred Dorn sonnet originated in a Formalist publication contest. Each year the Formalist runs a sonnet contest where the applicants make up their own form of sonnet. The sonnet form is named after the winning applicant, and in this case Alfred Dorn was the winner and the sonnet he devised named after him.

The Alfred Dorn sonnet is different than most sonnets, in that it has an Italian sestet and a Sicilian sestet linked by a couplet. Both sestets share common rhyme set by the first line. The rhyme scheme is as follows;  
a. b. c. a. b. c. ... d. d. ... a. e. a. e. a. e.

Pasted from <https://www.poetrymagnumopus.com /topic/1056-the-alfred-dorn-sonnet/>

Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

Purpose  
(Poetic form :: Capped Sonnet)

Oh! purpose of life is to be happy  
some say; few think to love, it's alluring;  
Many present self as a best through act  
of kind work, try to keep intact image;  
They've no purpose in life to live, some say.  
To follow HIS will joy they do derive,  
that noble thought, only few wish to spread;  
People don't heed, they don't wish to be taught.  
Yet, forget their lives do have a purpose;  
it's certain clues around them in plain view;  
Once they think deeply it'll be known surely;  
they need to think clearly to look deeply.  
Are we making positive difference  
in own, others' lives though deliverance?  
~X~X~X~

Capped Sonnet ::

- It is a Blank Verse Sonnet
- Metric, written iambic pentameter.
- In English most sonnets are written in iambic pentameter but there are some that occasionally stray from the norm. To metrically stray is not an option with the Blank Verse Sonnet
- Unrhymed.
- A quatorzain with no stanza breaks.
- Composed with a pivot or turn which logically arrives in the 2nd half of the sonnet. which is then ended with a rhymed couplet.

Pasted from <http://poetscollective.org/everysonnet/capped-sonnet/>

Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.

Warrior winning  
(Poetic form : Amanda's Dark Sonnet)

Warrior and Gladiator fought fiercely till the end.  
A furious fight between them was brutal though both fend.  
Regularly death was a fairly common occurrence.  
Risk of death in their minds never created disturbance.  
It didn't mean death of one fighter was inevitable.  
Over fight gladiator lost; fight was memorable;  
Result was unfortunate; crowd felt practice to amend.

Warrior won, crowd cheered; gladiator was his best friend.  
In blood absorbing sand warrior looked for King's clearance;  
No killing signal he hoped while crowds' cheer was deterrent.  
Nod silently by king meant to kill inevitably;  
Ignored gladiator's past wins were unforgettable.  
None hoped defeated that day would be killed in stadium.  
Gladiator felt winner's sword pierced in right atrium.

Amanda's Dark Sonnet

This form was invented by Amanda J Norton who writes on Allpoetry.com.  
It is a sonnet consisting of two seven line stanza's.  
The first letters of each line form a two word acrostic, which must be alliterative.  
The rhyme scheme is as follows: aabbcca abbccdd  
Each line is 14 syllables although iambic heptameter is not required.  
The author gave no indication that a volta is required.  
It must be about a "dark" topic.

Pasted from <http://poetscollective.org/everysonnet/amandas-dark-sonnet>  
Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.

My heartfelt thanks to Amanda J Norton for invention of this sonnet structure

Can't share  
(Poetic form :: The Pushkin or Onegin sonnet)

Can't suppress some unease feeling;  
I'm much afraid to look at you;  
Feel you can know what I'm thinking;  
my mind you able to look through.

Don't feel at ease to talk frankly.  
I'm scared driven by your manly  
gesture with penetrating look  
in your deep eyes, it got me shook.

Try to hide from you, be away.  
I'll not be able to control  
emotion, fail to rule my soul.

Thoughts reflects on my face, betray  
mind, hidden desire does appear  
on my eyes, my feelings can't share.

~X~

Pushkin Sonnet is invented by the Russian poet Alexander Pushkin.  
Rhyming pattern: abab ccdd eff egg  
(Where a c e are feminine rhyme)

Pasted from <http://poetscollective.org/everysonnet/?s=Pushkin+Sonnet>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

**AQUA SANUS**  
(Poetic form :: Arabian Onegin Sonnet)

AQUA SANUS[Latin word meaning 'healthy water']

Never imagined 'happiness short-lived'  
It's very true; really I'm surprised  
once around the coast so many plants lived  
creatures inhibited, but why I'm despised?

Beautiful nature surrounded, 'twas so  
pleasant; loved, admired by all so much so  
termed as 'beautiful river'; steady flow,  
cold and safe to drink a few years ago.

Alas! my good time ended; they just sold  
me, now property of investors; bold  
steps taken, development rights they sold.

I don't mean anything to them, they know  
how to make business profit; they don't know  
me, that 'beautiful river'; tired with woe.

~X~X~X~

Arabian Onegin Sonnet is a variation of the Arabian Sonnet which simply includes repeat rhyme in a unique pattern.

The elements of the Arabian Onegin Sonnet are:

- A quatorzain made up of 2 quatrains followed by 2 tercets.
- Metric, iambic pentameter.
- Rhymed,AaAa BBbb CcC DDd

Source:: [http://www.poetrymagnumopus.com/ forums/topic/2253-forms-unique-to-poets-collective-and-all-poetry/#onegin](http://www.poetrymagnumopus.com/forums/topic/2253-forms-unique-to-poets-collective-and-all-poetry/#onegin)

Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

Reputation  
(Poetic form :: America Forte Sonnet)

Did you say success in life depends on  
reputation; Agree, it helps to move  
initially but fail to carry on  
for long time as people would disapprove.

Reputation what people think, approve  
in certain circumstances as you move;  
What is missed, character builds the steps for  
success; no linkage for rest what preached more.

What you say, what you believe or implore  
unimportant; they judge how you live precious  
life, when none watching how do you explore  
or behave, shows the character, with ethic.

People with character don't change ethics  
moral decisions; they're never skeptic.  
~X~X~X~

America Forte Sonnet  
Invented by Jose Rizal M. Reyes of the Philippines  
Quatrains; Iambic Pentameter; Three Quatrains + Ending couplet  
Rhyme Scheme: abab bbcc cdcd dd

(\*\*)It is an invented form using the frame of the English Sonnet by change of the rhyme scheme.

(Reference: <http://www.poetrymagnumopus.com/forums/topic/4710-reyes-sonnets-of-the-hand/>)

Pasted from <http://everysonnet.blogspot.com/2012/11/america-forte.html>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

Stanza:: - 4 -  
Number of lines as per structure:: - 14 -  
Details of syllable count per line:: - Iambic Pentameter -  
Rhymes Pattern:: - abab bbcc cdcd dd -



Loneliness  
(Poetic form :: Arabian Sonnet)

To face harsh environmental pressure  
dependence on each other wherever  
needed grew, followed by our ancestor  
for survival sought to stay together.

Though the survival threats have lessened now  
people still look for connection somehow;  
The lack of such connections even-now  
leads to loneliness too; let us avow.

But, scientific progress has not made  
much improvement to care for other, stayed  
lone remained selfish, no sacrifice laid.

Resulted feel of loneliness each day.  
can't ignore need for others, no downplay;  
Needed for mental support, so to say.  
~X~X~X~

Arabian Sonnet appears to be a little known invented form.

The elements of the Arabian Sonnet are:

- 1.A quatorzain made up of 2 quatrains followed by two tercets.
- 2.Metric, iambic pentameter.
- 3.Rhymed, aaaa bbbb ccc ddd.
- 4.Turned in the 9th line.

Pasted from <http://www.poetrymagnumopus.com/forums/topic/2253-forms-unique-to-poets-collective-and-all-poetry/>

Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

Accepted  
(Poetic form:: Balanced sonnet/California Rhyme Scheme)

How nice the life was! with limited need;  
his family with kids were quite happy;  
Yes, never they're rich but didn't have much greed  
for any luxury items; gladly  
managed with whatever they had; heard news  
of Amphan cyclone landfall will badly  
hit, moved to safe centre to avoid loss.

Since evening they stayed there; heard feral wild sound  
of violent wind, prayed whole night, in morning  
witnessed the devastation, lies on ground  
all belongings, victim of storming;  
Standing crops high waves have inundated.  
Still thank HIM from core of heart, they weren't drowned;  
HE saved their lives; accepted 'twas fated.  
~X~X~X~

Note:: Super Cyclonic Storm Amphan was a powerful and catastrophic tropical cyclone that caused widespread damage in Eastern India, specifically in West Bengal and Odisha, and in Bangladesh, in May 2020.

Balanced sonnet/California rhyme scheme::

This form was created by Barbara Dilworth.

The Balanced Sonnet is:

- a quatorzain, made up of 2 California Rhyme Stanzas.
- metered, iambic pentameter.
- rhymed, rhyme scheme ababc bc dedefdf.
- no placement of pivot prescribed.

Pasted from

<<http://www.poetrymagnumopus.com/index.php?showtopic=1192#scuphamsonnet>>

My thanks to Judi Van Gorder at Poetry Magnus, another wonderful resource.

A purist would say that this wasn't a proper sonnet, because it doesn't have the obligatory 8/6 split.

A more open-minded person would say that it was a very nice verse form.

Pasted from <<http://www.volecentral.co.uk/vf/sonnetvar.htm>>

Don't deny  
(Poetic Form :: Betwixt Sonnet )

Don't make her cry; why you can't control greed;  
Don't snatch her originality; try  
to rein your desire, don't act like bad guy.  
Let her stay in peace; don't force her to bleed.

Why do you need more; your hunger for more  
space, glitz, comfort, wealth at her cost imply  
harming her natural beauty; go by  
nature's law; keep sanity; don't ignore.

Damage will magnify, it'll pull you down.  
Don't take her silence granted. Just think why  
so many lives lost in disaster; try  
to feel Mother Nature's rage; learn, don't frown.

Your so called strength can't face her wrath, fury.  
For our children curb your greed. Don't deny.  
~X~X~X~

Betwixt Sonnet form was invented for Sonnet 1327 by Jose Rizal M. Reyes.  
Format: English (quatrain, quatrain, quatrain, couplet) rhyming pattern: abba cbbc  
dbbd bb

(\*\*)It is an invented form using the frame of the English Sonnet by change of the  
rhyme scheme.

(Reference: <http://www.poetrymagnumopus.com/forums/topic/4710-reyes-sonnets-of-the-hand/>)

Pasted from <http://poetscollective.org/everysonnet/betwixt-sonnet/>

Thanks to the efforts of Mr. Lawrence Eberhart for a wonderful resource at the Poets  
COLLECTIVE site

Can I be like you?  
(Poetic Form:: Beginning of the Line Rhymed Sonnet)

Now, I'm mother of kids; remembering  
how nicely my Dad used to protect me  
throughout childhood; a rare type of person  
tryout always to make me feel to be  
free, self-reliant. For me had all time,  
agree to listen all my childish talks.  
Never think he took anything granted;  
wherever needed, explained to me with  
compassion, understanding and kindness.  
Reaction in mild way to make me feel,  
realize what should have been the best way.  
Wise but simple words thoughtful gesture, gifts  
made me feel always appreciated.  
Afraid, can I be like you to my kids?  
~X~X~

Beginning of the Line Rhymed Sonnet

It is a 14 lines sonnet.

Syllable count: ten per line or iambic pentameter.

Rhyme Scheme: a-a-b-b c-c-d-d e-e-f-f g-g.

First words in the line rhyme, not the end rhyme word.

Pasted from <http://www.rainbowcommunications.org/velvet/forms/>

Reference: <http://poetscollective.org/everysonnet/?s=Beginning+of+the+Line+Rhymed+Sonnet>

Why I cried?  
(Poetic form:: Asean Royal Flush Sonnet)

Told you never run fast, be at my side  
while stroll; Now, let's go and sit near lakeside.  
You know school is boring; in class I cried;  
Nothing to learn there. Don't have friends, they lied  
always talk in their mother tongue, they snide.  
Saw in dream, they're punished with a rope tied.  
I'll ask Mom, if she can come, sit inside  
class with me; feel alone-That's why I cried.

Yet, you see, I've to go; thinking to hide  
tomorrow, next day and finally I'd  
stop going school; you know, I can confide  
I want to be like you, free none to guide.  
Dad doesn't know through dog door freely I glide;  
Yes, tomorrow through it I'll go to hide.  
~X~X~

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Note: This poem highlights the symptoms  
of Didaskaleinophobia (Fear of School Phobia)  
\*\*\*\*\*

Asean Royal Flush Sonnet is invented by Jose Rizal M. Reyes. It is simply an Italian sonnet in mono-rhyme.

The Asean Royal Flush Sonnet is:

- \* A quatorzain made up of an octave followed by a sestet.
- \* Metric, iambic pentameter.
- \* Mono-rhymed, aaaaaaaa aaaaaa.
- \* Turned on the 9th line.[turn in thought in a sonnet that is often indicated by such initial words as But, Yet, or And yet.]

Pasted from <http://poetscollective.org/everysonnet/?s=Asean+Royal+Flush+Sonnet>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

No.....  
(Poetic form :: Bowlesian Sonnet)

Don't be ruthless in communication  
be it written or verbal, teacher told,  
never say 'no' as wise people have told.  
Feel the impact in brain with negation.

A 'No' word releases dozens of stress  
producing chemicals in brain forthwith  
interrupt normal brain functioning with  
impairing logic, reason; complete mess.

Yet, we fail to control 'No' word, knowing  
its curse in brain function; negatively  
thinking puts in worst state definitely  
then with anger forces for misdoing.

When one decides to think positively,  
can turn their lives around competently.  
~X~X~X~

Bowlesian Sonnet or Australian Sonnet is attributed to English poet, William Lisle Bowles (1762 -1850) whose book of 14 sonnets published in 1789 was heralded for its "simple sincerity" and expression of thought through appreciation for life and nature.

Rhyme scheme: abba cddc effe gg; 3 quatrains (Italian rhyme scheme)  
followed by Heroic couplet. 14 lines; iambic pentameter. pivot 9-13

Reference: <http://www.poetrymagnumopus.com/forums/topic/1042-bowlesian-sonnet-or-australian-sonnet-and-canadian-sonnet/>

Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

Pasted from <http://poetscollective.org/everysonnet/?s=Bowlesian+Sonnet+>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

## For you (Poetic form:: Bush Ballad Meter Sonnet)

Since morning pondering how to write a good poem for you;  
wrote several but what comes out is story  
of my failure, a story of disappointment, feeling blue;  
no that's not poem, it's saga of worry.

Yes, reluctant to share a story that would make you gloomy;  
surely desires to see you always content;  
That's the heartfelt thought to write poem, to see your smile truly  
to meet you in happy mood, with no dissent.

Thinking if I can't bring happiness, why share suffering, pain  
as it would definitely make you unhappy;  
why to pull you in my life what's in a world of inhumane  
when I am convinced that won't make you happy.

Rather I should be certainly far away to make you free  
from difficulties; Maybe destiny wishes it for me.  
~X~X~X~

Creator: Lawrence Eberhart, aka on Allpoetry as Lawrencealot.

Syllabic: L1 through L2 alternate 15 and 11 syllable. Lines 13 and 14 each have 15 syllables.

Rhyme pattern: ababdcdefefgg; Metric: Primarily anapestic and iambic meter.

Creator feels technically all lines begin with an anapest, the first 6 long lines then have 2 tertius paeons and 2 iambs; the short lines have four iambs, the last two have 1 tertius paeon and 4 iambs

Pasted from <http://poetscollective.org/everysonnet/bush-ballad-meter-sonnet/>

Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.

Explanation of poetic syntax::

Anapestic foot [da da DUM]

Anapest is a poetic device defined as a metrical foot in a line of a poem that contains three syllables wherein the first two syllables are short and unstressed, followed by a third syllable that is long and stressed.

An anapest is a three-syllable metrical pattern in poetry

Example::The word "understand" is an anapest, with the unstressed syllables of "un" and "der" followed by the stressed syllable, "stand": Un-der-stand.

Iambic foot [da DUM] In poetry, a group of two or three syllables is referred to as a foot. ...

A foot is an iamb if it consists of one unstressed syllable followed by a stressed syllable, so the word remark is an iamb.

Example::Words such as "attain," "portray," and "describe" are all examples of the iambic pattern of unstressed and stressed syllables.

Penta means five, so a line of iambic pentameter consists of five iambs - five sets of unstressed and stressed syllables.

Tertius paeon foot [ da da da DUM]

Tertius ::a Latin word meaning "third";

Paeon :: a metrical foot of one long syllable and three short syllables in any order.

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Be grateful  
(Poetic form ::Caudate Sonnet)

Right now, are you feeling unsatisfied  
with whatever you have in possessions?  
Always feel stressed, some sort of depression  
for not having what's desired, to be pride.

Feel of insufficiency kills inside  
pushes hard jealousy, rage, obsession  
makes one tired hankering for possession.  
Evil thoughts initiates to misguide.

Have you noticed, what you have owned till now.  
You feel upset, but others would envy.  
Many can't think to acquire those somehow  
in their lifetime; rein your greed -so deadly.

Don't know, what the future holds anyhow;  
We've this moment, to enjoy be ready.

Love 'now' moment quietly ;  
Never be ungrateful towards the life  
appreciate each small aspect, no strife.  
~X~X~X~

A caudate sonnet is an expanded version of the sonnet.  
It consists of 14 lines in standard sonnet forms followed by a coda.  
(Latin cauda meaning "tail", from which the name is derived).

The Caudate Sonnet, sometimes called a Tailed Sonnet, is an extended sonnet with a coda or tail added at the end. It was first attributed to the Italian poet Francesco Berni (1497-1536). This sonnet verse form is often used for satire.

The defining features of the Caudate Sonnet are:

- Strophic, a Petrarchan Sonnet, followed by a 1/2 line and a heroic couplet, this may also be followed by additional "tails".

The tail and couplet are akin to the Bob and Wheel.

- The poem can be from 17 to 24 lines.

- Metric, the sonnet portion is iambic pentameter.

- The tail line is iambic trimeter and the subsequent couplets are iambic pentameter.

- Rhymed, abbaabbacdcdcd dee.

Pasted from <http://poetscollective.org/everysonnet/?s=Caudate+Sonnet+>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

Stanza:: - 3 - Number of lines as per structure::-17 to 24 lines-

Details of syllable count per line:: - Sonnet portion is iambic pentameter.

The tail line is iambic trimeter and the subsequent couplets are iambic pentameter -

Rhymes Pattern:: - abbaabbacdcdcd dee -



Ashamed  
(Poetic form :: Byron's Sonnet)

Knowing very well, won't ask how are you  
Understand how much stressful to be lone;  
Believe me, since you left all my joy flown;  
Know you're sad, I'm also in hardship too.  
Don't want to express what I'm going through  
to return home, it's punishment for me;  
There's limitation to lead life carefree.  
Life soon became bored; just waiting for you.

Thinking of you, memory fetches tears.  
Yes, I'm responsible, you can't be blamed,  
to mar our affairs 'twas built over years.  
But, see after you left nothing I gained.  
I don't fall in group favoured with their stars;  
No face to call you, I'm so much ashamed.  
~X~X~X~

Poetic form : Byron's sonnet

Byron's sonnets are obviously influenced by the Italian form rather than the English and possess an octave and a sestet.

The Octave comprises of a progression of three rhymes a. b. b. a... a. c. c. a. but it's the sestet that makes it unique, d. e. d...e. d. e.

Rhyme Scheme: abba acca ded ede

Pasted from <http://poetscollective.org/everysonnet/?s=Byron%27s+Sonnet+>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

### Interrobang (Poetic form :: Chained Sonnet)

Interrobang is a specific mark;  
Mark is the mixture of a question mark,  
mark of exclamation after sentence;  
Sentence expresses emphatic question  
question with an exclamation ending;  
Ending with interrobang asks question;  
Question in excited manner expressed.  
Expressed an excitement or disbelief  
disbelief in the form of a question.  
Question mark pasted on another mark;  
Mark of exclamation, that's to be used.  
Used multiple marks to end a sentence;  
Sentence of surprise, question, as they should.  
Should we end Sonnet with interrobang ?!  
~X~X~X~

Note:: How to insert an Interrobang in the Word ?Please change font to  
“Wingdings2”;

Then press the key marked with a “Tilde” (~) [ Left side of number one key ] on the  
top left side of the keyboard. This will insert an interrobang in the Word Document

Chained Sonnet is a sonnet that uses the poetic device of chaining.

The elements of the Chained sonnet are:

1. the verse is written in any sonnet form.
2. chained when the end word of the previous line is the first word of the next line.
3. flexible, at the poet's discretion, to bring the sonnet full circle the first word of the sonnet  
is the last word of the sonnet.

Note:: To insert an Interrobang in the Word ....Please change font to “Wingdings2”  
Then press the key marked with a “Tilde” (~) [ Left side of number one key ] on the  
top left side of the keyboard. This will insert an interrobang in the Word Document

Pasted from <http://www.poetrymagnumopus.com/forums/topic/1053-chained-sonnet/>  
Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

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Let's learn.....  
(Poetic form :: Chivalric Sonnet)

None expects you to think always and talk  
incessantly; can't you have a quiet  
moment, no words just to feel the instant;  
You can express even when you're silent.

if we allow to be calm, just breath in  
and breath out with no urge to speak or think  
they say, we hear our inner voice clearly  
Our heart, mind intuition are in sync.

At that instance, if HE desires we can  
experience our own divinity,  
our own beauty and perfection; that's the  
most precious time of life, literally.

Let's learn to talk less, speak to use words to  
brighten someone's day and to teach what's true.  
~X~X~X~

Chivalric Sonnet uses the English Sonnet frame but with partly rhymed and partly unrhymed.

Invented by Jose Rizal M. Reyes of the Philippines

The rhyme scheme is xaxa xbx xcx dd x being unrhymed.

(Reference: <http://www.poetrymagnumopus.com/forums/topic/4710-reyes-sonnets-of-the-hand/>)

Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

Should I meet ?  
(Poetic form ::Choi's Sonnet)

Don't know, why things previously enjoyed  
no longer brings the same joy; I wonder  
how other people enjoying, rejoice,  
talking constantly too, but I suffer.

Each morning why do I feel another  
difficult day and my hearts does ponder;  
To do anything appears a hard job  
Throughout day somehow drag, my heart does throb;

Feel my life journey is a dismal flop.  
Though wish to live gaily, but don't know how;  
seems don't have choice, just sit become a slob.  
Not in control of myself, can't say how.

They said, it's signs of depression somehow;  
May be right; should I meet therapist now?  
~X~X~X~

Poetic form: Choi's Sonnet  
Meter: Decasyllabic or pentameter  
Structure: 3 quatrains and a couplet  
Rhyme Scheme: abab bbcc cdcd dd

Reference:: <https://jezfarmerblog.wordpress.com/2018/05/07/chois-sonnet/>

Don't miss it  
(Poetic form :: Burns Sonnet)

Such boastful words, why you brag?  
Does it make you a glorified person?  
It can't bring peace; you must fag.  
Don't be obsessed; it would only worsen.  
Does it bring pleasure in your mind  
as they'd continue to suffer;  
Throughout their lives they've suffered  
enough; don't be unkind.  
Be aware of your immaturity.  
Need to grow, control your vanity  
feel their contributions actually,  
Be grateful to them, know their necessity.  
Serving them is an opportunity for you;  
Don't miss it. Prove to yourself, you can do.  
~X~X~X~

Poetic form: Burns Sonnet

Burns seemed to experiment for a while with sonnet form, but seems to have settled with his form; "A Sonnet Upon Sonnets".

This is only a slight deviation from the English form but a complete disregard of iambic Pentameter, which was as different to him as French or German.  
Rhyme scheme. a. b. a. b...c. d. d. c...e. f. f. e...g. g.

Reference:: <http://thepoetsgarret.com/2014/Challenge/form16.html>

You'll be fine  
(Poetic form :: Addis Sonnet)

Realize, as you saw her walking through  
the door, just lost all thoughtful words; Don't you  
feel that's love; yes, you had lightning effect;  
yet you can't swept away with emotion.  
What you faced, that connection, the strong glue  
that's produced by two souls in light of love;  
it's not love; that very crash can't connect;  
Thought to fall in love, was wrong choice chosen.

Learn what's occurred, is you got dopamine  
pumping in body, what shows you're keen;  
Know its infatuation; wise will opine;  
It's no love; control heart throb, you'll be fine.

Poetic form :: Addis Sonnet  
Rules of Addis Sonnet

- The main stanza ( The Octave) has 8 lines of 10 syllables each
- The envoy has 4 lines with 10 syllables each
- The rhyme of the main stanza( The Octave) is AABCADBC
- The rhyme of the Envoy is EEFF

Can't you trust?  
(Poetic form : Alemseged's Sonnet)

Tell me, how long I will wait for you, what to do?  
losing patience I'm waiting for you all day through;  
I've no energy left still forcefully wait;  
rapidly walk throughout room, I'm trying to think straight;  
Whenever I am hearing any sound of feet  
rushing to look on street, should I wait more, tell me;

Just can't sit, quietly without thought on my seat;  
You know well I am eagerly waiting to meet.  
Time to return to sweet home, waited all day long  
to greet; I would not judge, if I was right or wrong;  
Sinking into frustration, sometime can't control,  
loneliness kills; yes, feeling to cry, just can't sit

Whole day thought about us, what's said in wedding vow;  
I trusted you all along, can't you trust me now?  
~X~

Rule of Alemseged's Sonnet

- The sonnet is a 14 line sonnet poem with 12 syllables in each line
- It has three stanzas two Sestet and one Envoy
- The envoy follows after two Sestet Stanzas at the end.
- Each line has 12 syllables exactly
- Refrain or anaphora of the 1st line's 1st strophe is added after the 1st strophe of the 6th line of each Sestet to be an ending strophe of its own Sestet.
- The Rhyme Scheme of the 1st Sestet is AABBCa ; The 2nd Sestet is DDEEFd.
- The small letter "a" is the rhyme that is been the internal rhyme of the first strophe of the first line of the first stanza;
- The small letter "b" is the rhyme that is been the internal rhyme of the 1st strophe of the 1st line of the 2nd stanza.
- The rhyming Scheme of the envoy is GG

Untold stories  
(Poetic Form :: Blues Sonnet)

Reminiscing past helps to remember;  
thinking past events helps to remember  
how simple acts brought people together;

Those past acts helped them at their crisis hours.  
Timely past actions helped at crisis hours.  
Heard their woes, truly tried to dry their tears.

Listening intently equips to know,  
Listening attentively helps to know  
issues from their perspectives somehow.

Empathizing in a sensitive way,  
And yet being aware of woes wise way  
will solve their misery, won't fill with dismay.

They wish someone should hear untold stories  
justly before uprooting their worries.

~X~

Poetic Form :: Blues Sonnet

The defining features of the Blues Sonnet are:

- A quatorzain made up of 4 triplets and a heroic couplet.
- Oddly metric, in iambic pentameter.

This is in contrast to the usual blue stanza which is  
accentual, with a more folksy rhythm.

- Rhymed, rhyme scheme AAa BBb CCc DDd ee.
- It is composed of 4 Blues Stanzas, L1 statement,  
L2 incremental repetition of L1, and L3 is a climactic parallel of the first 2 lines.
- Pivot or volta should be in the last triplet and  
ends in a declamatory couplet.

Reference:: <https://poetscollective.org/everysonnet/blues-sonnet/>

Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.



### HIS pure love (Poetic form:: Un - wreath sonnet)

We know well God is very kind;  
doesn't mind to help us, to bestow  
love; grow our trust feeling to find  
HIS pure love and to forget woe.

Helps out of the way just to cure;  
Our prayer HE listens no doubt  
about it; backs no need to scare,  
no hurts, no question to fallout.

Present all time near us, no force  
can curse; none will feel discontent.  
Longing to feel HIS love from hearts  
not scarce and brings peace with content;  
must bent to praise HIM from our hearts  
as we pray to omnipresent.

~X~X~X~

Poetic form :: Un - wreath sonnet

Wreathed poetry is simply a natural blending of English poetry with the Celtic Welsh.

Its creator George Herbert, was unpublished until after his death.

It is believed that his poem 'A Wreath' was inspired by the Welsh form Englyn cryrch which uses an internal rhyme scheme with an external one.

The sonnet sometimes considered to consist of an Octave, and a Sestet, both as well as having a standard rhyming form but also possessing internal rhymes.

The octave in reality is two Quatrains linked by the internal rhyme, and similarly the sestet if the octave is linked to the sestet by an internal rhyme, then it should be presented as a fourteen (14) line poem, and if not then as an eight (8), six (6).

Like the Petrarch sonnet, no meter would have been set, so that is left to the discretion of the poet.

Another alternative is simply three Quatrains and a Couplet. with or without internal links Un-wreath Poetry. The same rules apply to the Un- wreath sonnet, where the sestet has been linked to the octave.

Here is the basic rhyme scheme:

x. b. x. x. x. x. a. //x. a. x. x. x. x. b.//x. b. x. x. x. x. a.//x. c. x. x. x. x. b.//x. d. x. x. x. x. c.//  
x. c. x. x. x. x. d.//x. d. x. x. x. x. c.//x. f. x. x. x. x. d.//x. e. x. x. x. x. f.//x. f. x. x. x. x. e.  
x. e. x. x. x. x. f.//x. f. x. x. x. x. e.//x. e. x. x. x. x. f.//x. x. x. x. x. x. e.

A purist might insist that both forms should be 14ers and that the last line should link back to the first one.

Reference:: <http://www.thepoetsgarret.com/sonnet/wreath.html>

<http://poetscollective.org/everysonnet/wreathed-and-unwreathed-sonnets>

### The Chameleon effect (Poetic form ::Keats Sonnet)

People often mimic each others' bodily movements spontaneously: This tendency to mimic others automatically has been called the Chameleon Effect (Chartrand and Bargh, 1999). Being a "chameleon" has social consequences. The phenomenon gets its name for the chameleon, an animal which changes the appearance of its skin to blend into any environment it finds itself in. You may have noticed a friend or loved one using your favorite catchphrase or hand gestures or found yourself doing the same.

### The Chameleon effect (Poetic form ::Keats Sonnet)

Don't be surprised; she isn't lone to copy  
the moves of her friend adopting facial  
expressions, hand gestures, accent, special  
tones; by mimicking her she's too happy.

Yes, it does happen to everybody  
naturally unconsciously; able  
to become a replica but graceful  
and it continues till fully copied.

Studies say, likely to help to connect  
one to like her, it bolsters utterly  
good feelings; saying tells, 'imitation  
is the sincerest form of flattery'.  
That specific phenomenon, action  
scientists term Chameleon Effect.  
~X~

Poetic form: Keats Sonnet

Keats used the Petrarchan sonnet form, with two abba quatrains, followed by a cde dec sestet.

Reference:: [https://www.google.com/search?rlz=1C1RLNS\\_enIN844IN844&ei=YZH0Xq\\_cHvyU4-EPhriGwAw&q=Keats+Sonnet+structure&oq=Keats+Sonnet+structure&gs\\_lcp=CgZwc3ktYWIQDFCB1g5Y\\_u8OYKuCD2gAcAB4AYABogulAbFKkgEFNi0zLjaYACGqAQGqAQdnd3Mtd2l6&sclient=psy-ab&ved=0ahUKEwjvKj69JzqAhV8yjgGHQacAcgQ4dUDCAw](https://www.google.com/search?rlz=1C1RLNS_enIN844IN844&ei=YZH0Xq_cHvyU4-EPhriGwAw&q=Keats+Sonnet+structure&oq=Keats+Sonnet+structure&gs_lcp=CgZwc3ktYWIQDFCB1g5Y_u8OYKuCD2gAcAB4AYABogulAbFKkgEFNi0zLjaYACGqAQGqAQdnd3Mtd2l6&sclient=psy-ab&ved=0ahUKEwjvKj69JzqAhV8yjgGHQacAcgQ4dUDCAw)

Note:: This presentation is based on available information in Net.

nom de plume  
(Poetic form :: Ivorian Sonnet)

Thinking should I use now a pseudonym;  
Someone said the pen name used as a whim  
for some reasons; if name is hard to spell  
or hard to remember or boring one  
my name doesn't meet these causes, I can tell;

I don't wish to hide my gender I write,  
share with my old friends specifically;  
I'm not a published author not a bright  
one to write issues politically.

Don't write controversial thoughts to begin  
receiving trolls to make some upset; Tell  
me, why to use a pen name, what to shun?  
I'm an average person, try to write  
on topics what touches critically.  
~X~X~X~

Note::The phrase nom de plume means "pen name" in French, it doesn't come from French speakers, but was coined in English using French words.

Ivorian Sonnet::

This sonnet is the brainchild of the late Ivor Hogg, and at first site just a simple progression of stanzas.

A couplet a. a... a triplet b. c. b... and a quatrain d. e. d. e.

The quintain is the key that links this stanza back to the RHYME of the previous stanzas and the rhyme pattern can be in any order giving it 120 variations (abcde / cadbe / dcbea.... )

Pasted from <http://poetscollective.org/everysonnet/ivorian-sonnet>

Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.

### Schadenfreude (Poetic form :Deplorable Sonnet)

It's the pleasure derived from one's misfortune at leisure;  
It gives one so much gleeful moments of guilty pleasure.  
Though know how to enjoy failures, none think own flaws never;  
It's a flaw, which we must face if truly wants to improve.

Often feel entitled, when suffering can be construed  
as deserved punishment for breaking law or being rude;  
Relish one's moral superiority; Quick win viewed,  
It's a flaw, which we must face if truly wants to improve.

Appears antisocial but testifies to one's need to  
not feel alone in disappointments, but seek to see through.

Don't misunderstand, over time people are displaying  
pleasure watching others' humiliation, enjoying  
silently failures of others, no trace of annoyance.  
It's a flaw, which we must face if truly wants to improve.  
~X~X~X~X~X~X~X~X~X~X~X~X~X~X~X~X~

Note ::Schadenfreude is a German Word. It means 'malicious joy'  
( 'Schaden' means 'harm / damage' and 'Freude' means 'joy' )

Poetic form: Deplorable Sonnet

It is an invented form named for the theme of the original poem by Jose Rizal M. Reyes.

The elements are:

- Composed with political undertones
- Stanzaic, two quatrains, a couplet and a quatrain, in that order
- Metric, iambic pentameter
- Rhymed, rhyme scheme aaaB cccB dd eeeB
- Written with a refrain, L4 of the first quatrain is repeated as L4 of each subsequent quatrain
- Pivot at poets discretion

Reference::<http://www.poetrymagnumopus.com /forums/topic/4710-reyes-sonnets-of-the-hand/>  
<http://poetscollective.org/everysonnet/sonnet-forms/>

What a play  
(Poetic form : Four Kings Sonnet)

I can't speak, stupendous just mesmerized;  
It's serene, eternal, transcendent, soul  
touched; truly deep! Tears rolled, I've no control.  
What a sitar play I'm simply surprised.  
Fingers movement on sitar synchronize  
with good setting created, met the goal  
of reaching the hearts of audience, whole  
performance created bliss, stirred inside.

Perfect rhythm brings peace, so satisfied;  
Transported back to another world, soul  
yet wishes to hear more; what a control  
the Sitarist acquired and exercised.  
Amazing Sitar play did hypnotize  
the crowd, to play she put her mind and soul.  
~X~X~X~

Poetic form Four Kings Sonnet  
It is invented by Jose Rizal M. Reyes of the Philippines.  
Rhyme Scheme: abbaabba abbaab  
Iambic Pentameter; Volta Line 9 or beyond

Pasted from <http://poetscollective.org/everysonnet/four-kings-sonnet/>  
Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.

Thank you .....  
(Poetic form: Pope John XXIII Sonnet)

When I look back, feel you deserve 'Thank you'.  
not that you've helped me a lot; fact is you  
made me realize how to think anew;  
Once thought my world is spinning around you.

Convinced without you I've no existence  
sure you'd not leave me, help me each instant  
but I was wrong; suffered life was twisted;  
life taught me to move with no assistance.

Facing world, don't need your shadow to grow;  
Past is no longer holding me, I know.

Learned to accept self as I'm; no crying  
no grudges, work hard to meet requirement ;  
your guilt taught me to be self reliant;  
And you deserve 'Thank you' ; I'm not lying.  
~X~X~X~

Poetic form: Pope John XXIII Sonnet::

This is a form invented by Jose Rizal M. Reyes of the Philippines  
Generally Iambic Pentameter  
Would lend itself well to Tetrameter  
Volta Optional; Two Quatrains + Couplet+ Quatrain  
Rhyme scheme: aaaa bbbb cc dddd

Pasted from <http://poetscollective.org/everysonnet/pope-john-xxiii-sonnet/>  
Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.

Can't you think  
(Poetic form : Queen's Sonnet)

Two guys, wannabe poets decided  
to compose a unique poem jointly;  
both agreed terms of writing conjointly  
with rhymes and syllables as per guidance.

Thought each will write one line a few times to  
form poem, the result will be breakthrough.  
First wrote, if you fail, I will take final  
call; No, wrote other guy, how can you do?

If you need me, I will reciprocate;  
it's wrong, you don't pick up phone, I've noticed;  
If you cry, I'll wipe tears; Oh! That's bogus.  
Why you write such response to irritate?

Can't you think perfect words what will touch hearts  
Think afresh, don't stop thoughts flow once it starts.  
~X~X~X~

Poetic form: Queen's Sonnet

Created by Lisa Morris writing on All Poetry as Streambed  
Syllabic: 10 syllables per line, meter optional  
Stanzaic: 3 Quatrain plus a couplet  
Rhyme Scheme: abba ccac deed ff

Pasted from <http://poetscollective.org/everysonnet/queens-sonnet/>  
Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Sit

Can't we try?  
(Poetic form:: Crisscross Sonnet)

Life is simple no need to show, display;  
They forget it won't help to avoid strife.  
Best gift of the Almighty is to be  
free from constraints of life and not be stressed.

Why not look at our companions with love?  
Shove ill feeling from our minds, can't we try?  
Choice we can make to choose suitable steps,  
next to implement thoughts right with rejoice.

Act coolly, wisely with no prejudice;  
Selflessness to keep in mind, not to react;  
Not to expect any return in kind;  
Mind to help who needs don't care what they've got

Yet, some may complain, from them stay away;  
Pray to HIM for better outcome to get.  
~X~X~

Poetic form: Crisscross sonnet

It is an invention of Alemseged Sisay.

It is a poetry style which has no line and stanza limits but a strict rhyme scheme to make the crisscross rhymes of each consecutive line.

Rules:

- Rhyme must be done crisscrossed between lines.
- The crisscross sonnet has a strict metering requirement. That is 10 syllable per line
- There are three main stanzas and one envoy
- The envoy only repeats the rhyme of the first line at the 2nd line beginning word and must rhyme as a couplet.
- You can show your prowess by using Volta at the beginning of your Envoy! (turn at the beginning of the envoy.)



### Admit (Poetic form:: Dorn Sonnet)

How you're so sure about falling in love?  
Before deciding finally shouldn't you  
look deep inward to check your thoughts, feeling?  
Do you think he's unique and it's true love?  
Do you feel he will keep you happy too?  
Do you see his qualities while dreaming?

Do you plan jointly how future will be?  
When he is nearby do you feel carefree?

Do you daydream all time about his acts ?  
Be rest assured if these questions answer  
positive, love signs you can't ignore, facts  
are you're in deep love; Surely doubts answered.  
His thoughts throughout the day make great impacts;  
How to say, you in love, that's main factor.

~X~X~

Poetic form: Dorn Sonnet

It is a modern sonnet form created for a contest by the New Formalist group.  
It is unusual for having a couplet sandwiched between two sestets.

Form Type: Metrical; Origins: American; Creator: Alfred Dorn; Number of Lines: 14;  
Rhyme ::abcabc ee aeaeae or abcabc dd efefef; Meter: Iambic Pentameter

#### Rules

1. The form is created from an Italian Sestet followed by a couplet followed by a Sicilian Sestet.
2. There are two rhyme schemes given, the first uses the same rhyme ending from the first sestet in the second sestet, these two schemes are:  
a) a,b,c,a,b,c-d,d-a,e,a,e,a,e, this scheme is likely to be complex to fulfil in English a language poor in rhyme.  
b) a,b,c,a,b,c-d,d-e,f,e,f,e,f, this is the easier of the two schemes to use in English.
3. The meter to be used is Iambic Pentameter.
4. The form divides into three sections. The first sets up the theme of the poem.  
The centre couplet provides the turn and sets up for the second section which provides a variation of the opening theme.

Reference::<http://everysonnet.blogspot.com/2012/11/dorn-sonnet.html>

Trophy  
(Poetic form :: Silpika-Kalita Sonnet)

After reaching home from school rushed to you;  
I couldn't resist myself, wanted to share  
what's happened in school sports event today;  
When they spoke, it gave me quiet a scare.  
Three kilometres running in school ground,  
three rounds at a stretch, it's not a child's play.  
Made my mind, ran so fast, friends were spellbound  
Never bothered to look around, it's true.

Reached first; when got trophy, I felt lonely;  
all clapped; but I thought about you only.  
Brought flowers for graveyard; Mom, you glad too?  
After reaching home from school rushed to you  
~X~X~

Rules of Silipika-Kalita Sonnet Poetry

- \* It has two stanzas: an octave with rhyme scheme of ABCBDCDA and a quatrain with rhyme scheme of EEAA
- \* The final line of the Quatrain is the first line of the Octave ( Anaphora)
- \* Each line should have 10 syllables

Rage  
(Poetic form :: German Sonnet)

When one hurts us, gossips behind our back  
we can't stop thinking about her what's told  
were untrue; rage rise but somehow controlled;  
Her words keep resurfacing, like flashback.

The toxic cyclical thinking we hold  
are physically harmful. Study shows  
unhappy mind brings stress; everyone knows  
it linked to some diseases those unfold.

The stress chemicals we wallow expose  
us to worse conditions, if allowed loose;  
But, our thoughts are not facts, what we should use.

Why to believe what we think, that arose  
rage was true; let's not forget their abuse  
Control rage now to stop further misuse.  
~X~

Note: This presentation is based on available information in Net.

The German Sonnet was obviously influenced by the Italian sonnet.

Although Goethe normally followed the Italian sonnet when writing his sonnets, it's believed that on his death his poetry colleagues constructed the German Sonnet as a tribute him.

It has a similar octave pattern although the two quatrains have different rhyme scheme to the Italian.

Similarly, the sestet comprises two tercets and again a different rhyme scheme. Rhyme scheme is .. a. b. b. a. . . b. c. c. b. . . c. d. d. . . c. d. d.

Reference :: <http://www.thepoetsgarret.com/sonnet/german.html>

Lost love  
(Poetic form :: Triolet Sonnet)

Some have gone through separation;  
Some broke up in relationship;  
Hard to wield such situation;  
Some have gone through separation;  
hard to cope, faces frustration,  
suffers much pain for lost kinship;

Some have gone through separation;  
Some broke up in relationship;  
Don't like to get others' suasion;  
Some have gone through separation;  
prefer to grieve lost love brazen  
rather alone just get a grip.

Some have gone through separation;  
Some broke up in relationship;  
~X~X~X~

**Triolet Sonnet**

Its name comes from the repetition of the key line three times (French "tri").

The rhyme pattern becomes: A. B. a. A. a. b. A. B. a. A. a. b. A. B.

It would work with the A & B lines being completely repeated or just a phrase or just the rhyme word repeated.

The a and b are of course just standard rhyme.

There is no set syllable count, although eight syllables is common with most of the French forms.

2 sestets + couplet (8-syllable lines) Rhyme Scheme: ABaAab ABaAab AB

**Reference::**

<http://poetscollective.org/everysonnet/triolet-sonnet/>

<http://www.thepoetsgarret.com/2008Challenge/form20.html>

<https://www.writing-world.com/poetry/triolet.shtml>

### Emotional attunement (Poetic form :: Harrisham Sonnet)

Gift, so wonderful ~ mother gives her infant  
the power to decipher of the feelings;  
Eager to react to infant's emotional state in an instant  
respond calmly as needed with feeling,  
desired comfort to her child that's persistent,  
dedicated love to make her feel secure; ; teaches her with smiling.

Emotional attunement is the ability to recognize,  
learns to engage with another's emotional state.  
Such emotional moods to feel takes to apprise  
hastily; need to look at someone or hearing their words straight.  
Yet, able to sense what they're feeling to realize  
thought easy way to interpret and respond to someone, without wait.

As kid, one learns attunement to another is important,  
steadily helps them to build, maintain relations and to be content.  
~X~

Note:: This presentation is based on information available in Net.

Poetic form: Harrisham Sonnet

Created by Harrisham Minhas of Allpoetry  
Harrisham Sonnet is written in 3 stanzas consisting of 2 sestets and a couplet.

For each of the stanzas, the last letter of the first word of each line is the first letter of the first word of the next line.

There is no restriction on the starting letter of the first line in each of the stanzas.

There is no restriction on the syllable count in this form, but it is required that the poem should have a good rhythm to it.

Rhyme scheme: ababab cdcdcd ee

Pasted from <http://poetscollective.org/everysonnet/harrisham-sonnet/>  
Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.

God knows  
(Poetic form :: Venus Sonnet)

Once I wished to live happily with you;  
I's young yet loved to do anything but  
you've ignored me every time, don't know why?  
Someone said, even the love just gets dried  
in the extreme desert heat; may be true.  
For your acts felt humiliated, but not  
expressed to you as didn't want to be caught.

Those days suffered alone and hoped you'll change;  
Someday, didn't made it known anyone.  
I felt discarded, unwanted too. Now  
after decades you came back, lost charm  
of lush life, feeling lonely; Isn't it strange?  
This desert has sucked my all energy;  
With me you will put life in jeopardy.

Yet, I wish but can't start new life gaily;  
God knows, still I love you, miss you daily.  
~X~

Poetic form: Venus Sonnet

Venus sonnet is a 16 line poem but divided in to three stanzas. Two main stanzas and one envoy with 10 syllable of each line.

- 1- Rhyme Scheme of the main stanzas are ABCDAEE , FGHIFJJ
- 2- The Envoy Rhyme is KK
- 3- Main stanzas have 7 line each
- 4- the Envoy has 2 lines
- 5- You can add Volta to the envoy to be a shrewd poet

### Your values (Poetic form : Fourteener Sonnet)

Why you try to accept society's definition  
of what's success and failures; can you not realize your  
power to decide to define them based on your vision?  
What about own learning till now, to say what you care for?

What values were you raised with, that really determines  
foundation of your life. Yet, few people choose their values.  
Don't get dictated by their views, opinions and sermon;  
You make choices, determine direction what you valued.

Yet, to truly understand values you possess, live by,  
you must deconstruct them until you're able to clearly  
see what exactly you value, holding those values – why?  
Look honestly at the way you're raised is the key purely.

Revisiting values help you to change your reactions  
and live more consciously as per your values for action.  
~X~

Note:: This presentation is based on available information in Net.

Poetic form: Fourteener Sonnet ~ It could be understood two ways.

First, apparently there are some who refer to any sonnet frame as a Fourteener  
because of the consistent fourteen line frame.

Second it refers to an invented sonnet form created by Lawrence Eberhart that is  
written in fourteener lines, iambic heptameter (7 metric feet, 14 syllables) with  
caesura.

The elements of the Fourteener Sonnet are:

- A quatorzain, stanza pattern at poet's discretion.
- Metric, fourteener lines, iambic heptameter with caesura.
- Rhymed, rhyme pattern at poet's discretion
- Pivot placement at poet's discretion.

Pasted from <http://www.poetrymagnumopus.com/topic/4711-invented-sonnet-forms-found-at-poets-collective/>

Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

### Negative self-talk (Poetic Form:: Haiku Sonnet)

It's the internal  
dialogue within one's mind  
with oneself to guide.

It's that thought what stops,  
diminishes one's desire  
to take correct steps.

It spoils confidence  
in one's ability to  
reach the potential.

To stop negative  
self talks, needs to fend them off  
by change of thoughts flow.

Need to substitute them with  
more positive suggestions.  
~X~X~X~

#### Poetic Form:: Haiku Sonnet

The basic premise of the haiku sonnet is simple:

4 3-liner haiku plus a couplet of either 5 or 7 syllables adds up to 14 lines, the same number of lines found in a sonnet.

The guidance by the poet named David Marshall.

- Begins with a sequence of four tercets with a syllable count of 5-7-5
- Ends with a couplet with a syllable count of either 5 or 7 syllables per line
- No meter and unrhymed

Reference:: <https://www.writersdigest.com/whats-new/haiku-sonnet-poetic-form>  
<https://adamoftheuniverse.poetry.blog/2019/09/12/week-sixteen-the-haiku-sonnet/>



Shame  
(Poetic form :: Double Sonnet)

(First Form is a Sicilian Sonnet AND  
Second form is a Shakespearean Sonnet)

It's natural emotional outcome  
of one's act, doing something knowingly.  
It reminds some actions needs to undone  
which aren't correct, to redo totally.  
It tells clearly we are not good enough  
to exercise our power socially.  
A part of us we must give up, succumb  
or a part to fix to feel potently.

Study says there're two kinds of shame we must  
know one is healthy, other one is not.  
"Appropriate shame" is right shame, cussed  
shame one feels for her wrongdoing, it's thought.  
"Applied" shame is self-deprecating just  
taken from others' thoughts, what must be fought.

\*\*\*\*\*

The feeling of one's shame and awareness  
of deficient, unworthy so painful  
it can be experienced as endless  
implosion of self-esteem, it's shameful.

With such feeling one instinctively turn  
away or hide from others; the impulse  
to blame in response to shame we did learn  
from the history as the right signals.

Genesis account in Old Testament,  
written thousands of years ago says what  
was human responses temperament  
to shame, to hide, to blame and to rebut.

This shame, a human nature element  
delineated in Old Testament.  
~X~X~X~

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Note :: This presentation is based on information available in Net.

Poetic form: Double Sonnet

The Double Sonnet from the many sources researched one can take on at least one of three sonnet forms.

1.The Double Sonnet can be 1 poem made up of 2 sonnets. Given this description, the poem could employ a Sicilian Sonnet and a Shakespearean Sonnet or whatever variable combination of sonnets the poet chooses.

2.The Double Sonnet can be a poem in which the sonnet rhyme scheme is doubled. This description would mean that the poem is made up of 2 sonnets of the same variation and rhyme scheme, such as 2 Wordsworth sonnets or 2 Terza Rima sonnets.

3.The Double Sonnet can be a poem that doubles the sonnet octave and then doubles the sonnet sestet.

This seems to be more like one sonnet doubled in size than 2 individual sonnets stuck together by proximity and theme.

In this scenario there would be only one turn or pivot which I assume would occur near the end of the 2nd octave or during the 1st sestet.

Pasted from <http://www.poetrymagnumopus.com/forums/topic/1058-the-double-sonnet/>

Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

One feels .....  
(Poetic form:: The 13 Line Sonnet)

It's indeed so difficult to forget  
one's love but sometimes there is no other  
way than to forget, and further suffer;  
though love should not be lost being obsessed.

One mustn't lose own dignity over love;  
dignity is fragile, too soft rather  
when compromised often it can suffer  
to point that relationship gets a shove.

Yet, there're times when one crosses that border  
though not desired; and swept away, suffer  
as one's moral thoughts turn too weak, shudder;  
one feels everything is worth it for love.  
One thinks things under love give up smother.  
~X~X~X~

Poetic form: The 13 Line Sonnet

This form created by Marcy Jarvis, aka ea of Allpoetry.

The defining characteristic of the form is that any standard fourteen line sonnet which ends in a rhyming couplet, is converted to 13 lines by provided internal rhyme within that line.

The poet may use flexibility in selecting rhyming syllables to accommodate feminine rhyme or the meter chosen.

Obviously this cannot be applied to an Italian Sonnet with prohibits final couplet rhyme.

Note also that if the poet chooses a sonnet form like the Betwixt Sonnet, which requires the couplet to rhyme with an earlier line, ( In this case abba cbbc dbbc bb ) the 13th line rhymes must match that specified rhyme.

Pasted from <http://everysonnet.blogspot.com/2013/03/13-line-sonnet.html>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

My heartfelt thanks to Marcy Jarvis for the wonderful creative work.

To win trust  
(Poetic form :: The Sicilian Sonnet)

What are basic criteria to build  
a happy working atmosphere; many  
have tried, some failed; still someone has fulfilled  
the most difficult task to have friendly  
culture for employees to remain thrilled.  
What attributes they take care for steady  
atmosphere where employee become skilled  
over time, love to work but no envy.

But, some firms gain to win trust of every  
employees through sharing information,  
freedom to act freely, apply very  
transparent outcome measurement session,  
followed by recognition, specially  
taking full care to avoid frustration.

~X~

Quote:: ““If you hire people just because they can do a job, they’ll work for your money. But if you hire people who believe what you believe, they’ll work for you with blood and sweat and tears.” ~ Simon Sinek.

Poetic form: The Sicilian Sonnet::

The origin of the sonnet has some uncertainty, though it is believed to be born in Italy from the troubadours who sang for the courts and the earliest "true" sonnet is credited to Giacomo da Lentini of the Sicilian court of Frederick II (1197-1250) in the 13th century.

The elements of the Sicilian Sonnet are:

- A quatorzain, made up of an octave followed by a sestet.
- Metric, in English, written in iambic pentameter.
- Composed with the octave presenting an idea, problem or question, followed by a sestet finding the solution or resolution.

The word "sestet" originally was reserved for the sonnet or other forms in which the group of 6 lines attempts to distinguish itself from other line groups such as the octave of the sonnet. This is in contrast to the words sixain or sexain which are 6 line stanzas usually written in conjunction with other sixains or sexains as in the Sestina.

- Rhymed using only 4 rhymes. The Sicilian is composed of an octave with alternating rhyme abababab followed by an alternating rhyme sestet cdcdcd.

Pasted from <http://www.poetrymagnumopus.com/forums/topic/1048-sicilian-sonnet/>  
Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

**Yubikiri (A Japanese Word)**  
(Poetic form :: Japanese Sonnet)

It's 'Pinky Promise' or 'Pinky swear';  
Long back it practiced in Japan for sure.  
Highest of all promises was these swear.  
Girls gave pinky fingers, whom they adore.

'Yubikiri' word was the pinky promise as they say;  
It was a promise honored in strange way.  
Cut finger, if broken, no they can't say.  
That was the tradition followed, they say ;  
Yakuza(\*) created it all the way.  
Promises were sealed in informal way.

It's common among school kids, friends so dear.  
Sacrifice of finger no more asked for;  
That Tradition had a dark past for sure;  
None will disagree, 'twas very bizarre.  
~X~

Note :: Yubikiri ('yubi' meaning 'finger' and 'kiru' meaning 'to cut')  
(\*) Yakuza: the Japanese Mafia.

Poetic form: Japanese Sonnet  
Invented by Jose Rizal M. Reyes  
Rhyme Scheme aaaa bbbbbb aaaa

Pasted from <http://poetscollective.org/everysonnet/?s=japanese>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

Perfect Moment  
(Poetic form :: Dutch Sonnet)

Can we create it in reality  
that special instant which we can't forget?  
Yes, possible but what's required as key?  
It's simple, nothing special to expect;  
specific time for self, near ones - no plea;  
full attention for each, no biz foresee.

No recall of past or on future plans;  
fully engrossed with honesty, no pans.

Just enjoy the present instant; do not  
engage minds, no ruckus, only relax;  
That perfect moment, daily what we sought,  
we witness it, but fail to feel in mind.  
It's the moment, when we know all is well,  
mired with joy, peace; feel it with heart to find.  
~X~X~X~

Poetic form: Dutch Sonnet

This poetry form was presented by Dutch Poet Leny Roovers.

It is a unique form in that almost follows the Italian 8/6 pattern, but makes a statement with a sestet, and then pauses for thought with a couplet, and then like the Italian finishes with another sestet statement but of a much different tempo.  
Rhyme Pattern: ababaacc dedfgf

Pasted from <http://everysonnet.blogspot.com/2012/11/dutch-sonnet.html>

(\*\*)It is an invented form using the frame of the English Sonnet by change of the rhyme scheme.

(Reference: <http://www.poetrymagnumopus.com/forums/topic/4710-reyes-sonnets-of-the-hand>)

Is it just  
(Poetic form ::The Shadow Sonnet)

He's smiling today all along, does he  
know what goes on in mind, Can he know  
last night I couldn't sleep; thinking if it'll last  
long; if our affair starts, then for how long?

Did he see I look out too quick, but did  
he know I can't stop seeing him; why he  
looks at me so passionately; his looks  
I just can't avoid ; is it love, am I?

But, my mind filled with his thought; I know, but  
does he know; is it play what my mind does?  
Sometimes I feel very angry; sometimes  
think what he finds in me, what does he think?

I like his look, his talk; don't know, if I  
love him or it's just lust or puppy love?  
~X~X~X~

Poetic form: The Shadow Sonnet

Created by Amera Anderson; May be written in any sonnet style.

The Shadow takes place at the beginning and ending of each line as the words are identical

or homophonic words or their derivatives.

It is 14 lines; it should have a volta or pivot (if original form does)

Pasted from <http://www.poetrymagnumopus.com/forums/topic/1546-shadow-sonnet/>  
My thanks to Judi Van Gorder for her years of work on this fine Poetry Magnum  
Opus resource.

Reference:: <http://poetscollective.org/everysonnet/gadget-sonnets/>

Married life  
(Poetic form :: Unrhymed Sonnet)

Remember how pleasant was our relation  
when we were dating before our engagement;  
Over four decades many family issues we  
faced jointly despite our quarrel, disagreement;  
Despite our faith, love, easy communication  
between us an invisible distance formed; why so?  
Should we not try to have those old golden days back?

Scientists believe with anger use of bad commentary  
while agitated is root of destroying relationship.  
Studies say the key to have a beautiful  
relationship with closeness lies on one habit;  
If one can seek to forestall expressing negative  
emotions before others, surely happiness  
in married life can increase for many more years.  
~X~X~X~

Note: This presentation is based on available information in Net.

Poetic form: The Unrhymed Sonnet

The Unrhymed Sonnet is not to be confused with the Blank Verse Sonnet which is also unrhymed but written in iambic pentameter where the "Unrhymed Sonnet" is not written in an iambic pattern.

The elements of the Unrhymed Sonnet are:

1. A quatorzain, broken or unbroken into stanzas at the poet's discretion.
2. Metered, although it does not carry an iambic pattern it is written in accentual verse with 5 stresses per line.
3. Unrhymed.
4. Composed with a pivot where it would appear most naturally.

Pasted from <http://www.poetrymagnumopus.com/forums/topic/1831-unrhymed-sonnet/>

Thanks to the efforts of Judi Van Gorder for a wonderful resource at Poetry Magnum Opus.



Sleep Deprivation  
(Poetic form :: Signature Sonnet)

Failing to get enough sleep or  
getting poor-quality sleep are  
resulting to health hazard; it  
is known fact, it makes us unfit  
to discharge daily acts with cheer.

It's voluntary, let's admit  
but unintentional, can't quit.  
Sleep deprivation is seen more  
in young generation; appear  
to ignore the outcomes a bit.

Yet, avoid action, though aware;  
to work pressure they do submit;  
postpone sleep and needed health care;  
fail to do best, though they commit;  
timely sleeping but just ignore.

~X~X~X~

Poetic form: The Signature Sonnet

It is introduced by B Chandler of Allpoetry.

It's another invented sonnet pretender in 3 quintains(15 lines)

It is metric, written in iambic tetrameter and rhymed, turned on only 2 rhymes aabba  
bbaab ababa Volta not specified, but not excluded.

Pasted from <http://poetscollective.org/everysonnet/signature-sonnet/>

Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

My personal thanks to B Chandler of Allpoetry for the invention.

Your attitude  
(Poetic form :: Couplet Sonnet)

I could hear your talk with them, sounds of laugh;  
Don't know how can you sit with those riffs?  
How did you forget here I'm suffering  
in next room for your misdeed, pain you bring?  
Whenever tried to hear found you're laughing,  
Are you getting great pleasure from smashing  
my belief to stay rest of life with you?  
Realized, now my fault in judging you.

But surprised how I've allowed you to cheat;  
'twas an error to believe your talks so sweet.  
How could you just forget all those worst days  
I saved you from rivals through legal ways?  
Your attitude makes me feel to revenge  
for your misdeeds, never try to pretend  
~X~X~X~

Poetic form: Couplet Sonnet

As its name implies a sonnet made up of couplets.

The defining features of the Couplet Sonnet are:

- A quatorzain is made up 7 heroic couplets.  
( A heroic couplet is a rhyming couplet that  
uses a meter called iambic pentameter.)
- Metered, iambic pentameter.
- Rhymed aa bb cc dd ee ff gg.
- Composed with a pivot placed at the poet's discretion.

Pasted from <http://poetscollective.org/everysonnet/?s=Couplet+Sonnet>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

Loose talk  
(Poetic form :: Hybrid Sonnet)

Some words sometimes may create problems for  
us, mostly we use words without thinking,  
what exactly those words mean, with less care.  
What comes to mind we just speak unthinking.

We forget the process of thinking and  
words used determines our conversation;  
Our light, unintentional talk may stunned  
the listeners; it may cause frustration.

What we think gets converted in our talk;  
but, our main task is to keep full control  
on thinking, what's to be demonstrated;  
Let's be cautious to obviate loose talk;  
Need tending on way to think; to bestow  
care, check none to feel humiliated.

~X~X~X~

Poetic form: Hybrid Sonnet

(found and titled by Lawrence Eberhart, Poet's Collective) really has no recognition  
or name but the form was used as far back as the early 1600s.

John Donne and Sir Philip Sidney were among the first to merge the Italian and  
English sonnet forms.

The elements of hybrid sonnet are:

1. A quatorzain made up of either 3 quatrains followed by a couplet or made up of 2 quatrains followed by a sestet.
2. Metered, preferably iambic pentameter.
3. Rhymed, Rhyme Scheme abba abba cdcd ee or abab cdcd efefg or abab cdcd efefef or abba cddc effe gg.
4. Pivot at poet's discretion.

Refernce:: <http://academic.reed.edu/english/courses/english213/sonnets.html>  
<http://poetscollective.org/everysonnet/?s=Hybrid+Sonnet+>

Lessons in disguise  
(Poetic form : Scupham Sonnet)

We take a lot of decisions daily.  
Some bring happy results and we feel charmed;  
Some decisions do fail makes us distressed;  
These bad decisions really suggest  
causes, once we analyse, uninformed  
facts come up; those needs to be seen plainly.

That process of unearthing makes one rich  
in experience; as one grows with lot  
of practices, good judgment does follow.  
In life, successful persons have followed  
learning from mistakes, lessons not forgot.  
Attain success walking on learning bridge.

Mistake are lessons in disguise, foretell  
so that history doesn't repeat itself.

~X~

Poetic form: Scupham sonnet :

Peter Scupham likes abccba stanzas.

Two of these plus a rhyming couplet make something very like a sonnet. This is not a "proper" sonnet, strictly speaking.

Pasted from [http://www.poetrymagnumopus.com /index.php?](http://www.poetrymagnumopus.com/index.php?showtopic=1192#scuphamsonnet)  
[showtopic=1192#scuphamsonnet](http://www.poetrymagnumopus.com/index.php?showtopic=1192#scuphamsonnet)

Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

Domo  
(Poetic form :: Envelope Sonnet)

Yes, she uttered 'Domo' gleefully;  
but, what's the meaning of this word unknown  
to me, tried to interpret it alone;  
Heard 'Domo Software' just recently;  
How to know it, to enrich my knowledge,  
I've no option except to search in net.  
What I find, I'll share before I forget;  
I realized, my word power shortage.

The Japanese say "Domo" in their talk  
while in conversation; it's most common,  
hardest to understand at the same time;  
it has lot of meanings, need to take stock..  
It's used to say 'thanks'; can't be forgotten.  
Also used for 'Nice to meet you' sometime.

~X~

Poetic form: Envelope Sonnet

It is an otherwise normal sonnet with rhyme scheme abba cddc efgefg or abba cddc efefef.

Pivot: Between 8 and 9 lines

Meter: Iambic Pentameter, usually in English

Rhythm/Stanza Length: -14-

Pasted from [http://poetscollective.org/everysonnet/?s= Envelope+Sonnet+](http://poetscollective.org/everysonnet/?s=Envelope+Sonnet+)

Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

I lost  
(Poetic form :: Mason Sonnet)

Throughout youth for your love I was longing ;  
My emotions were out of control one  
instant hoping your attention, but next  
moment I felt you discarded, throbbing  
pain I felt. Feeling was so hard with none  
I could share agony. With some pretext  
peeped through window to see, but you did stun  
by looking elsewhere and I was perplexed.

Yet, I couldn't stop loving; knowing well you  
were my first love, You ignored feeling; none  
could capture my heart till now; still calming  
mind thinking you'll reach day; lastly you  
came to express love – all wrong to undo;  
Sorry, it's too late; I lost that bonding.

~X~

Poetic form: The Mason Sonnet

It is invented sonnet form created by the American poet Madeline Mason in 1953.  
It is the rhyme scheme that sets this sonnet apart from others.

It is

- \* an octave and a sestet.
- \* metered, iambic pentameter.
- \* Rhyme pattern: abcabc bc dbadda
- \* composed with a pivot developed after the octave.

Pasted from <http://poetscollective.org/everysonnet/?s=Mason+Sonnet+>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

Loquacious  
(Poetic form :: Busta Sonnetto)

Last night met a strange man in a party.  
Maybe luckily he sat next to me;  
After introduction, started to talk  
on themes he felt exciting, stopped hardly.  
Perhaps found it easy to talk with glee.

Hoped, it'd be quiet dinner but who knew  
the man next to me is silence's worst  
enemy. There's no need for me to talk;  
thought why still sitting beside him all through.  
All I did, was to smile and to eat, cursed.

As he didn't cease to talk, thinking to find  
right word to define him being patient  
and finally the right word came to mind;  
not chatty, not verbose, it's 'Loquacious'.  
~X~X~X~

Poetic form: Busta Sonnetto

It is a contemporary sonnet form created by Teagan De Danaan that other than stanza pattern leaves the rest of the elements up to the poet. The elements of the Busta Sonnetto are:

1. a quatorzain made up of two quintets and a quatrain in any order.
2. metric at the discretion of the poet
3. rhyme, at discretion of the poet. Some ideas abcab dede ffgg or abcab dede fgfg or aabcc dede ffbgg and it goes on and on use your imagination.
4. pivot or volta at the poet's discretion.

Pasted from <http://www.poetrymagnumopus.com/topic/4685-forms-unique-to-poets-garret/>

Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

The saga of vers libre  
(Poetic form :: Melanesian Sonnet)

Vers libre, is a French word; its meaning  
"free verse." And its line length varies keeping  
the sense of poem; rhyme is optional,  
It's non-metrical but rhythms are seeking.  
The poet does not adhere to meeting  
a thoughtful metrical plan when dealing;  
It doesn't have set rules, and no rational.  
And no regular pattern is gleaming.

But, Vers libre is unhappy being  
an unorganized form since beginning;  
Always dreaming to be methodical  
like, beautiful Sonnet; None is greeting  
it, while Sonnet is ever laudable;  
Invidia makes it sentimental.

~X~

Note::

In Latin, invidia is the sense of envy, a "looking upon" associated with the evil eye,  
from invidere, "to look against, to look in a hostile manner." Invidia ("Envy") is one of  
the Seven Deadly Sins in Christian belief.

\*\*\*\*\*

Poetic form: Melanesian Sonnet

It is invented by Jose Rizal M. Reyes of the Philippines  
Octet + Sestet; Generally Iambic Pentameter; Volta at or following line 9  
Rhyme scheme: aabaaaba aababb

(\*\*)It is an invented form using the frame of the English Sonnet by change of the  
rhyme scheme.

Pasted from <http://www.poetrymagnumopus.com/forums/topic/4710-reyes-sonnets-of-the-hand/>

Pasted from <http://poetscollective.org/everysonnet/?s=Melanesian+Sonnet>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

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Muhapatti  
(Poetic form :: USA's Sonnet)

Wearing face mask is needed now a day.  
to avoid some infection; Let us share  
about Jain monks for centuries they wear  
face-covering, what's made out of cloth named  
'Muhapatti' directly linked to ahimsa and aimed  
not to hurt one, not even an insect;  
Muni feels for Ahimsa it's best way  
Wearing face mask is needed now a day.

'Muhapatti' reminds them to take care with words chosen  
to speak, ensure not to hurt emotion.

They feel 'Vaak shuddhi', purity of speech  
is needed for Ahimsa what they teach.  
~X~X~X~

Note :: Muni is Jain Monk. Jain an adherent of Jainism. Jainism is an ancient Indian religion. The three main pillars of Jainism are ahimsā (non-violence), anekāntavāda (non-absolutism), and aparigraha (ascetism).

Poetic form :: USA's Sonnet

- A 12 line sonnet with two stanzas.

The first stanza is an octave with rhyme  
scheme of " AbbccdaA";

and the 2nd stanza is a quatrain with rhyme scheme of "ee ff"

- Syllable per line is 10

Kindness  
(Poetic form ::HexSonnetta)

To be very happy  
ignore one's selfish thoughts,  
to inject kindness shots  
what one can do gladly;  
yes, it's just not haply,  
true acts unlike robots.

Act with love, kindness through  
paying full attention,  
show concern, affection;  
yes, they mean something to  
us, brings the feeling to  
them your pure intention.

Kindness acts like a drug  
brings too much peace; don't shrug.  
~X~X~X~

Poetic form: HexSonnetta

It is created by Andrea Dietrich. It consists of two six-line stanzas and a finishing rhyming couplet with the following set of rules:

Meter: Iambic Trimeter; Iambic Trimeter means the usual iambic (alternating unstressed/stressed) meter for every line of the poem, but instead of the ten syllables that comprise a typical sonnet's iambic pentameter, this particular form uses six syllables of iambic trimeter per line. Thus, the name HexSonnetta. Rhyme Scheme: abbaab cddccd ee (abbabbcdccdee)

The first part of the form's name refers to the syllable count per line. The second part of the name, Sonnetta, is to show this to be a form similar to the sonnet, yet with its shorter lines and different rhyme scheme, it is not the typical sonnet.

Not only does this poem have six syllables per line, it also has a set of two six-line stanzas, giving an extra "hex" to the meaning of HexSonnetta.

The rhyme scheme is a bit of a mixture of the two traditional sonnet types, with the two 6-line stanzas having more the rhyme scheme of an Italian sonnet, but with the ending rhyming couplet being the featured rhyme scheme of the English sonnet.

The first stanza presents the theme of the poem, with the second stanza serving to change the tone of the poem, to introduce a new aspect of the theme or to give added details.

The final couplet, as in an English sonnet, can be either a summary (if the theme is simple) or it could be the resolution to a problem presented in the theme. In any event, it should nicely tie together the whole piece and could even appear as a nice "twist" presented at the end.

Pasted from <http://www.shadowpoetry.com/resources/wip/hexsonnetta.html>

Time to prove  
(Poetic form :: Reasonnet)

No success; lot of frustration despite  
hard work but unsuccessful, makes one fright;  
Proving self what others do say is right.

Whatever constraints one is going through  
it's no matter how many failures drew  
setbacks; too sad but it's not end-that's true.

Many people in life will blame, tell not  
capable of doing anything; thought  
kills one's mind with undue verbal onslaught.

That harsh disapproval is turning point;  
a thought to do better, from that viewpoint  
makes to act to avoid more disappoint.

Time to prove capability to self,  
Outcomes will come on its own to oneself.  
~X~X~X~

Poetic form: Reasonnet

It is a sonnet form invented by Ruth Poteet.

A variation on a variation of a Keats Sonnet. It is of 10 syllables  
Four tercets plus a couplet; Rhymed: aaa bbb ccc ddd ee

Pasted from [http://poetscollective.org/everysonnet/?s= Reasonnet](http://poetscollective.org/everysonnet/?s=Reasonnet)  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

My Girlfriend  
(Poetic form :: Polynesian Wave Sonnet)

Many years before I had a girlfriend;  
We shared our views as done by each good friend.  
Together most of the play time we spend;  
For some work once Grandpa came to attend.

Introduced her to Grandpa. He was bald.  
Secretly we laughed; that night I appalled  
in a dream that I have lost all my hair.  
In morning to share dream with her, I called.

She laughed; told from mind throw the dream away;  
Confirmed baldness comes and hair moves away  
when someone gains enough knowledge level.  
Naively said, for you there is no way.

to improve knowledge base with so much hair;  
That was last meeting, she left with a glare.

~X~

Poetic form :: Polynesian Wave

This is a sonnet form invented and named by Jose Rizal M. Reyes of the Philippines.

Meter is iambic pentameter

Rhyme Scheme: aaxa bxbx ccxc dd

Pasted from <http://poetscollective.org/everysonnet/polynesian-wave/>

Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

Stress

(Poetic form :: Allpoetry Sonnet - Aleme Gammo)

On mental stress each one tells to care for;  
It's an emotional feeling, they say  
or it may be tension; Let's know what's stress,  
what transforms someone's life in complete mess.

We know well in one's life stress will come more.  
It's normal, yet, to avoid is there way ?  
When changes happen, responses are seen  
either joyful mood or as a sad scene.

One to accept stress not try to abhor;  
and must not be afraid and run away;  
Best way to deal is try to manage stress.  
We can't avert it from likely distress.

Let's accept fact, we can't control, that's sure;  
hence try to avoid worry is best way  
for such situations what one can't change;  
knowing well the world is too harsh and strange.

Wise says, stay positive, be grateful for  
support or help received in any day;  
Learn to say no when one's stressed to take more  
responsibilities, that's the best way.

~X~X~X~

Poetic form :: Allpoetry Sonnet - Aleme Gammo

Allpoetry Sonnet, invented for the reputation of [www.allpoetry.com](http://www.allpoetry.com) web site, is a 20 lines poem and a 5 stanzas poem of 5 quatrains , 10 syllable per line of each lines.

- Rhyme scheme of the first 4 stanzas is abcc,abdd,abee,abff

- The rhyme scheme of the last stanza or the envoy is : abab

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Curse of knowledge  
(Poetic form :: Goffa-Sonnet)

Curse of knowledge is cognitive bias.  
Occurs when an individual, who  
delivers subject talks in classes do  
assume they have needed background knowledge  
to understand; seen in training college;  
Not cared whether facts understood by us

In service life we might have observed it,  
though not aware of the concept; what's what;  
It's linked to thinking processes somewhat  
occurs when one tries to say what s/he wished  
to share, falsely adopts the thought, though missed  
listeners don't have background, they just sit.

Faced onslaught of such acts, talk didn't assist  
listeners to understand the subject.  
The topic spoken s/he should insist  
to get feedback, if met what they expect.

~X~

Poetic form :: Goffa Sonnet

A 16 line poem divided by three stanzas.

6+6+4 stanza pattern.

The first two stanzas have rhyme scheme of abbcca,deeffd;  
and the envoy is fgfg;  
syllable per line is 10.

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Someone  
(Poetic form :: Benna-Sonnet)

Are you still feeling alone looking for  
a way to bring back happiness in your  
life; May be waiting for 'someone' who makes  
you feel joyful so special no waiting  
her sweet voices assures no frustrating  
feel; She will feel for you, loneliness breaks.

She will love the way no one has ever  
loved; free from tension, no mental pressure  
she will surely fill that abyss amply.  
Tell me, why one has to look for lover;  
Time to think fresh, can one heal self rather  
being loved, may be through self-love frankly?

Self love brings bliss, don't look for 'someone' to  
be loved, let your 'someone' find you.

~X~X~

Poetic form :: Benna-Sonnet

- It is a 14 lines poem separated in three stanzas.
- The first two stanzas have 6 lines each with a rhyme scheme of aabccb and ddeffe ;
- The envoy is a couplet as the last stanza "gg"
- 10 syllable per line is a must

What's done  
(Poetic form :: Gesupa Sonnet)

Throughout youth for your love I was someway  
longing; feelings were out of control, one  
instant hoped your attention; you did play  
with me, felt discarded like helpless prey;  
I was serious but you made it fun.

Feeling was so hard, suffered every day  
silently lone, what I could share with none;  
With some pretext peeped through window each day  
to see you, but each time you looked away  
to show me not to do what I had done.

Yet, I couldn't stop loving; knowing well you  
shunned to prove you don't care for what I do;  
After decades you say what's done was wrong;  
Sorry, it's too late; I can't play along.

~X~X~

Poetic form :: Gesupa Sonnet  
Gesupa Sonnet is a three stanzas poetry  
of 5,5,4 lines in each stanza respectively.  
The first and the second stanza rhyme is abaab  
and the envoy is ccdd. Syllables per line is 10.

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Will she mind ?  
(Poetic form :: The Alternating Sonnet)

I won't say the glance at her made me feel  
it's 'love at first sight'; but something I must  
say, 'twas strange feeling which I couldn't conceal  
felt knowing her for long, whom I can trust.

Don't know, out of so many persons in  
that hall, why I looked at her and within  
few moments why I had that true feeling.

But, that few glances glances made me feel surreal;  
Thought subsequently surely 'twas not lust;  
Luckily met again, yes, a big deal.  
We spoke, many trivial things discussed.

And yet, forgot to ask her will she mind  
if we meet once more, engrossed in speaking;  
Don't know how to meet, why life so unkind?  
~X~X~X~

Poetic form: The Alternating Sonnet

It is one of the French adaptations of the sonnet. It employs alternating quatrains and tercets.

The elements of the Alternating Sonnet are:

- The quatorzain is made up of alternating tercets and quatrains.
- Rhymed, rhyme scheme abba ccd abba ede OR ccd abba ede abba OR same envelope rhymed quatrains alternating with rhymed tercets at the poet's discretion.
- Pivot or volta at L8, L11 or L12.

Pasted from <http://www.poetrymagnumopus.com/forums/topic/1050-alternating-sonnet/>

Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

Love brings  
(Poetic form :: Canadian Sonnet – Italian Structure)

Little confused, unable to conclude  
is this love real or just a feeling?  
Is it infatuation stage caring?  
Is it short lived passionate love assumed?

Why feel, he shouldn't not stay apart for long?  
Don't know, why always his thought fresh in mind?  
Why heart longing to see his face so kind?  
Why wait for smile that brings joy all along?

It's trivial to me what he's choosing;  
To me, love not about self, it's for his  
happiness; just about giving as it's;

But, love brings hurt; that's why so confusing;  
accept the hurt when see him discontent;  
Love brings joy, when I'm seeing him content.  
~X~X~

Poetic form: Canadian Sonnet – Italian Structure  
This is a form invented by Jose Rizal M. Reyes of the Philippines  
Unique in presentation as 2 quatrains + 2 Tercets  
Generally Iambic Pentameter; Volta at line 9  
Rhyme Scheme: abba cddc eff egg

Pasted from <http://poetscollective.org/everysonnet/canadian-sonnet-italian-structure/>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

Don't ruin  
(Poetic form : Luc Bat Sonnet)

You hear me, don't tell them  
I thought my heart was numb, it's fact;  
Yes, didn't know how to act.  
Why they thought to react that day  
-to punish is the way;  
but it is wrong view, they opted;  
What poor people wanted  
they didn't care, adopted harsh path,  
resulted in their wrath;  
it could lead to bloodbath, love can  
conquer souls, said wise man;  
don't ruin peace, one can win hearts  
with feel, love not with force;  
Never one should enforce, like them.  
~X~X~X~

Poetic form :: Luc Bat Sonnet  
It is a Vietnamese sonnet. Luc Bat means six eight.  
The lines are alternating six and eight syllables.

The sixth syllable of every line rhymes;  
Every second (even numbered) line has two rhymes, on the sixth syllable with the  
line before and one on the eighth syllable that rhymes with the line after.

Rhyme Scheme :: a (ab) b (bc) c (cd) d (de) e (ef) f (fg) g (ga)...

Pasted from <http://poetscollective.org/everysonnet/luc-bat-sonnet/>  
Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.

Their karma  
(Poetic form :: Princess Sonnet)

No, don't boast of forte, give chance to rue;  
you have acquired immense power, they know;  
show you've will to help, their need you look to  
do your best to enable them to grow.

Don't hurt someone with your words, find a way  
stay close to real; know your karma won't  
atone for your gain, forgive, don't betray;  
they need love, your duty never disown.

Watch your attitude, know if you do good  
good will come to you; don't try to dislodge;  
Match their needs with your capacity, they'd  
stood when you will need their supports to notch.

How people treat you is their karma but  
how you react is yours, never rebut.

~X~X~X~

Poetic form :: Princess Sonnet

This form was invented by Allan R. Emery, aka Joe King on Allpoetry.

It is same as any Sonnet form as far as syllable count and end rhymes.

The difference is that the rhyme is reversed for the first syllable (or syllables) of each line.

For example: An English sonnet is abab cdcd efef gg so in an English Princess Sonnet the beginning rhyme would be reversed: baba dcdc fefe gg (or hh, as you can use a new beginning rhyme for the couplet if you wish) where the couplet would begin and end with a rhyming syllable (or multiple syllables if you can pull it off).

Often a rhyme will repeat as it ends one line and begins the next.

Other times the two end rhymes of a quatrain will be next to one another as well, with one ending one line and the other beginning the next.

Done with forethought, it will not be apparent that the sonnet is any different except to a very disciplined eye or ear.

Reference:: <http://everysonnet.blogspot.com/2013/06/princess-sonnet.html>

On-line gamer  
(Poetic form :Morya's Double Lock Sonnet)

He's addicted gamer not thought to see  
this day, when he is completely alone  
all his friends, near ones, whoever was known  
intentionally avoids him and flee.

Spent much time to play online game, had thrown  
away work, neglected relations; he  
loves to play online games in group with glee  
procrastinate tasks, duties, roles disown.

But, gamers try to talk much about the game  
that people don't want to be around them.  
With strained relationship people defame.

They can't engage in real world, outcome  
feels left out, irritated try to blame;  
Lack of sufficient sleep makes them a scum.

~X~X~X~

Poetic form :: Morya's Double Lock  
This is a Sonnet form invented by Jose Rizal M. Reyes of the Philippines  
Two quatrains plus two tercets  
Rhyme scheme: abba baab cdc dcd  
Volta at or following line 9

Pasted from <http://poetscollective.org/everysonnet/moryas-double-lock/>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

Note: This presentation is based on available information in Net.

Label  
(Poetic form : Sonnet Anapest)

Yes, someone pointed out what's incorrect with you,  
on purpose put a personal label;  
Remember such labels become rather hard to  
remove it; you know well that you're able.

Before accepting the label on you just think  
you can change what don't like about yourself.  
Mistakes we all make, no time to suffer or blink;  
Find missing link, you can always excel.

Don't take yourself too seriously, just try to  
be better than what you were yesterday;  
Don't strive to be perfect; know you become what you  
think you are; forget about the mistake.

You're aware about capability, know well  
what's make you strong; label doesn't matter; Can't you tell?  
~X~

Poetic form :: Sonnet Anapest

Sonnet Anapest is a sonnet form created by Lawrence Eberhart, aka Lawrencealot on AP. It's identified as a gadget sonnet as it lies outside the parameters of the standard sonnet

It is a quatorzain written the rhyme pattern of an English Sonnet.  
The defining character is that lines alternate between anapestic tetrameter and anapestic trimeter with feminine rhyme.

Rhyme Scheme followed:: ababdcdefefgg

Reference:: [https://poetscollective.org/everysonnet/tag/anapestic/#:~:text=Sonnet%20Anapest&text=It%20is%20a %20quatorzain%20written,anapestic%20trimeter %20with%20feminine%20rhyme.](https://poetscollective.org/everysonnet/tag/anapestic/#:~:text=Sonnet%20Anapest&text=It%20is%20a%20quatorzain%20written,anapestic%20trimeter%20with%20feminine%20rhyme.)

Note:: This presentation is based on available information in Net.

Once we try to  
(Poetic form : The Refrained Sonnet)

Once we try to believe right condition  
will bring our happiness and failure to  
get right condition would result into  
suffering, won't succeed to reach mission.

Once we try to assume the outcome will  
be a bad one; our thoughts are likely to  
be fearful, the worst will happen, it's true  
the negative feelings in mind stay still.

Once we try to recognize that it's thoughts  
that are creating our suffering, to  
constantly forcing us to think anew  
then maybe we feel life is not a loss.

Let's begin to focus on causes through  
analysis bring back happiness too.  
~X~X~X~

Poetic form: The Refrained Sonnet

It is a modified Italian sonnet with a twist created by Lisa Morris writing on Allpoetry as Streambed.

Metric: Iambic pentameter. Rhyme Scheme: abba cbbc dbbd bb

Refrain: The first four syllables of line one, are repeated in lines 5 and 9.

The fourth syllable of the refrain establishes the b-rhyme.

Pasted from <http://poetscollective.org/every-sonnet/the-electric-universe-refrained-sonnet>

Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.

Note:: This presentation is based on available information in Net.

The objection  
(Poetic form :: Sonnetina Tre ~Free Verse)

Feminine rhyme firmly objected to  
its name. It has two or more syllables  
while Masculine rhyme has one syllable.  
Despite more strength why it's called Feminine?

A Feminine rhyme consist of a stressed  
syllable then an unstressed syllable;  
Take the example like 'landing'/'standing'.  
Masculine rhymes are one-syllable words,

or words that end on a stressed syllable.  
Feminine rhymes objected to its name.  
~X~X~

Poetic form: Sonnetina Tre :

This Sonnetina form comprises of two quatrains and a couplet (Three Stanzas).

The normal sequence is two quatrains and then a couplet, (One stanza short of a Shakespeare).

There is however, the mini-Dorn to consider also this variation consists of a quatrain, a couplet and then a closing quatrain, (Dorn uses sestets instead of quatrains).

There are various forms of quatrain, ranging from free verse, rhyming couplets, alternate line rhyme or an envelope, so there is a certain amount of flexibility here.

No meter is stated, but tetrameter or pentameter is normal.

Reference:: [http://thepoetsgarret.com/2011\\_Challenge\\_/form10.html](http://thepoetsgarret.com/2011_Challenge_/form10.html)



Accept  
(Poetic form :: Sonnetina Tre ~ Envelope Rhyme)

Study says in English 'gender in rhyme'  
has no link with the gender rules followed.  
The word 'rhyme' came from French; they follow  
word (last mute phoneme) as feminine rhyme.

Despite dislike, feminine rhyme enjoyed  
the fact that none else but it possess two  
properties: Always it consists of two  
syllables, and rhymes on both; so rejoice.

And that's why it's proudly called double rhyme.  
With dissent accept name 'Feminine Rhyme'.  
~X~X~

Poetic form: Sonnetina Tre :

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Reference:: [http://thepoetsgarret.com/2011\\_Challenge /form10.html](http://thepoetsgarret.com/2011_Challenge_form10.html)

Eudaimonia ( A Greek Word)  
(Poetic form : Blank Verse Sonnet)

Eudaimonia [Eu-(meaning 'good') + Daimon (meaning 'soul' or 'self.')] ]

It is the state of contentedness that  
comes with being a good person always;  
commonly translated as 'happiness';  
while happiness is an emotion and  
also a subjective concept, but it's  
the objective standard of 'happiness';  
A much comprehensive state of being.  
It's neither mind's state, nor being content;  
In fact, to be a good person takes an  
effort to build, it has staying power.  
Yet, 'one can achieve 'Eudaimonia',  
by working hard, cultivating virtues,  
excelling at whatever tasks nature  
condition come', Aristotle argued.

~X~

Poetic form : Blank Verse Sonnet

The Blank Verse Sonnet is simply a sonnet written in Blank Verse.

It has all of the features of the sonnet without rhyme. Although Blank Verse is often used in narratives, it can also adapt to the lyrical sonnet.

Blank verse is a strophic sonnet in iambic pentameter. Sonnets without rhyme can be traced back to Edmund Spenser.

The defining features of the Blank Verse Sonnet are:

-Metric, written iambic pentameter.

In English, most sonnets are written in iambic pentameter but there are some that occasionally stray from the norm.

To metrically stray is not an option with the Blank Verse Sonnet.

-Unrhymed.

-A quatorzain with no stanza breaks.

-Composed of a pivot or turn which logically arrives in the 2nd half of the sonnet.

Pasted from <http://poetscollective.org/everysonnet/blank-verse-sonnet>

Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.

**Loneliness**

(Poetic form :: Deuces Sonnet)

With lock down some say 'loneliness' they feel;  
How it slowly creeps in one's life; let's know  
being lonely and alone not same though.  
It's human emotion, peace it does steal.

When feels alone and isolated, zeal  
lost to do anything, loneliness show  
its power; it's a state of mind, we know;  
It's not from being 'lone' as they feel.

Nobody gets their way all time, although  
they hope, let's face reality to deal  
this impermanent emotional feel;  
It's an unpleasant moment, soon it'll go.

Yet, it's true for each one; this type of feel  
arise and pass; yes, over time it'll heal.

~X~X~X~

Poetic form :: Deuces Sonnet::

This is an invented sonnet form created by Mary Lou Healy writing on Allpoetry.com as Mlou.

Stanzaic: The sonnet consists of three quatrains and a closing couplet.

Meter: Iambic Pentameter

Volta: Occurring at L9 or L13, (both rhyme pattern changes) Rhyme: abba abba  
baab aa

Quote::'We considered several names for this sonnet form, and all came up being in some way collectively unsatisfying. Only in my solitude, while attempting to compose my first, did I come up with the name "Deuces". It's double meaning as an exclamation of confusion and the number two seems to fit.' Unquote

My personal thanks to Mary Lou Healy writing on Allpoetry.com as Mlou for inventing such a nice poetic form.

Pasted from <http://poetscollective.org/everysonnet/deuces-sonnet/>

Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.

What's felt  
(Poetic form :: Heptapent Sonnet)

Why do not you tell me distinctly what I have done wrong?  
Somehow you stopped talking for the whole day;  
If you do not speak frankly, how I'll know, please don't prolong  
it causes stress, say should I go away?

Frankly, feel being ignored and mentally tortured, though  
nothing told at all what made you to feel  
ire, anger, discontent in this way, why trying to show  
gloom, believe me I've nothing to conceal.

But, I feel it is a type of emotional abuse.  
Think, are you not misusing your power?  
Tell me, what you want me to do, I don't know what to choose;  
Can't you see I'm suffering hour by hour?

I'd have been very happy, if you'd contend, argue to  
sort out opinion differences, what's felt to get through.

~X~

[https://allpoetry.com/poem/add?item\[for\\_contest\\_id\]=2804625](https://allpoetry.com/poem/add?item[for_contest_id]=2804625)

Poetic form: Heptapent sonnet

It is for a specific form of extralongameter.  
14 lines alternately iambic heptameter, iambic pentameter  
rhymed abab cdcd efef gg with the couplet either in heptameter or pentameter.  
14 lines alternating 14 and 10 syllables but lines 13 and 14 match in length.  
one can add a syllable to each line for feminine rhyme if you wish

Boss is right  
(Poetic form : Welsh Sonnet)

Some Bosses don't like to hear  
the truth; juniors never dare  
to tell Boss, what's right, they fear  
to tell their point of views where  
improvements needed or to  
do something else to pursue  
for much better output there.

Try not to make Boss upset.  
They do follow 'Boss is right'  
rule; heard the fate others met;  
say 'yes' each time, future bright;  
mere 'no' may fetch suffering  
continue long-suffering  
follow boss's advice downright.

~X~

Poetic form: The Welsh Sonnet

It is a 14-line poetry form invented by Bob Pallister, Poet of All Poetry.  
He observes traditional Welsh poetry forms use 7-syllable lines; that inspires him to  
develop invented Sonnet form Welsh Sonnet with two verses of 7 x 7-syllable  
lines and the rhyme scheme ABABCCB DEDEFF

My special thanks to Mr Bob Pallister, a poet of All Poetry Forum for this invention.

Infernal river  
(Poetic form :: Omo-Valley Sonnet)

In Greek mythology, Lethe river  
of forgetfulness, is one of the five  
underworld rivers; it's said one to dive  
would not be quenched of their thirst and drink more.

It's said this Lethe ( Lemosyne) river  
flowed through cave of Hypnos that account for  
inducing drowsiness, spirits fall for  
with murmuring of Hypnos (God of sleep).

Next to Hades' palace, the Lethe river  
flows under cypress tree very much deep.  
Orpheus give some shades(\*)password to keep  
to tell Hades' servants to drink from river.

They would be allowed to drink instead from  
Mnemosyne(#) river when time will come.

~~~~~

(\*) (the Greek term for ghosts or spirits)

(#)Mnemosyne, in Greek mythology, the goddess of memory

Poetic form :: Omo-Valley Sonnet

Omo-Valley Sonnet is a 14 line poetry with 3 quatrain and 1 envoy

— The rhyme scheme of the quatrains are abbc,accd,adda

— And the envoy has a rhyme scheme of “ee”

— Syllable per line 10

Note:: This presentation is based on available information in Net.

Can't shun  
(Poetic form :: Alem-Ghazal Sonnet)

Long back someone said, remember always  
each person's incidence of death unique.

Not realized meaning till witnessing  
the death of a few; it's truly unique.

'twas very stressful for them; visible changes  
in their acts,; its definitely unique.

Their acts were so upsetting; difficult  
to see by a Med student; feel unique.

Some physical changes occur during  
the process of dying; each is unique.

Surely it affects the emotional,  
aspects; but experience is unique.

For Medical Students to witness one  
to die is so painful but they can't shun.

~X~

Poetic form :: Alem-Ghazal Sonnet

The Alem-ghazal sonnet is composed from ghazal poetry style of the rhyme AA bA cA dA eA ; adapted to sonnet form and named Alem-ghazal Sonnet.

Alem-ghazal sonnet is a poetry form on Alem-ghazal sonnet as development, to make it sonnet.

Alem is taken from the inventor first name called Alemseged and combined with ghazal word to name the form's name.

Rules of Alem-ghazal sonnet Poetry

- 14 lines total, 7 couplets that rhyme as the former known ghazal poetry but starts with aB rhyme.

The full rhyme scheme is as the following

aB cB dB eB fB gB and finally the couplet has a hh rhyme as an envoy of the poem.

- Syllable per line is 10 on each line

Don't complain  
(Poetic form :: Jinka Sonnet)

Sometimes some incidents beset our living;  
Life always doesn't support what we are wishing  
All our thinking to move ahead goes haywire.  
Life stays full of confusion, peace flies away.  
If from life serenity is wished, we must plan;  
stop fighting with the life, guided the wise man;

It's said, roll with life events, never stress on ire.  
Accept life will not be peaceful always, require  
to ensure contentment, listen to reasoned  
words from wisdom; life won't follow straight path as thought;  
needed wise, thoughtful steps to move, that's beginning;  
keeping the presumption low for always winning;

Learn to appreciate life as comes, don't complain.  
When incidents shift, try building steps to adapt  
changes, forget past, stay in present, that's in fact  
help for ataraxis; peace will come back again.

~X~

Poetic form :: Jinka Sonnet

Jinka Sonnet is a 16 lines of poetry divided with 3 stanzas.

Two sestets and one quatrain with a syllable measure of 12 syllable per line.

Rhyme Scheme :: aabcdd,eefghh,ijji

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Happy day  
(Poetic form:: Double-edged-sonnet)

He smiles all along with freshening glee;  
know well what's going on, how her thoughts flow;  
She couldn't sleep last night thinking will now he  
show his heartfelt feeling for her or no.

Did he notice how her secrets are hid?  
stares at him so passionately; she cares;  
did he know, she can't stop to look amid  
fear others will come to know their affairs.

But, her mind filled with his thought, doesn't know what  
in his mind; is her hidden love a sin?  
What to do how to get out of this rut?  
Within her mind he stays how she can win?

Anyway she cannot keep him away;  
Pray to GOD, to bless for their happy day.  
~X~

Poetic form: Double -edged-Sonnet  
It is a type of sonnet which has 10 syllables  
in each lines but rhymes at the edge of each line left and right sides.  
Then continues the rhyme at the left side by being abab;cdcd;efef;  
and at the right side of each line abab;cdcd;efef ;  
finally end with the envoy by being at the left side and the right side gg.

Moral Values  
(Poetic form :: Gammo Sonnet)

Moral values are those set of norms by  
which one recognizes incidents try  
to decide solely between right or wrong.

The erosion of moral values in  
society has brought outcome of sin  
that's shocking, day by day it's getting strong.

Each thing has now become worldly-minded;  
observe acts with no moral, close-minded,  
ethics missing, difficult to prolong.

Find the way society has approached  
individual happiness - it marched  
towards decline for respecting headlong.

It has caused egoism, selfishness, no  
helping attitude - a real bad show.  
~X~X~

Poetic form: Gammo Sonnet

It is invented by the International poet and Writer Alemseged Sisay on the Bulvard of Addis Ababa City.

Gammo Sonnet is an English Poetry born in Ethiopia which has built with exactly fourteen lines with ten syllables in each line.

The total stanzas of Gammo Sonnet are five and the last stanza has only two rhyming lines or its a couplet.

All other stanzas have three lines and follows the basic rhyming scheme of Gammo Poem.

Compassion  
(Poetic form :: Salamanders' Fireburst Sonnet)

This word 'Compassion' people uses  
it sounds so peaceful to us, makes instant  
impact in mind; some fake their behavior  
like, it's in their nature, nothing missing.

If that's so, how come they are abusive?  
Why they hurt, how it can't be their nature?  
why so much worries they create; failing  
to understand people known or stranger?

It means perceiving why she chooses  
a way to act; Feel what we are facing  
is an outcome of their past beliefs, thoughts;  
Accept they'll not be like you; no wailing.

She can't be what you want, her deep rooted  
thoughts won't change, accept her, as you go across.  
~X~X~X~

Note: This presentation is based on information available in Net.

Poetic form :: Salamanders' Fireburst Sonnet

This is a sonnet form invented by Jose Rizal M. Reyes of the Philippines.

It is stanzaic, consisting of three quatrains and a non-rhyming couplet.

ly id metric, written in either iambic pentameter or iambic tetrameter.

Rhyme pattern is abcb acdc aded ae, where the c and d rhymes must be feminine.

Pasted from <http://poetscollective.org/everysonnet/salamanders-fireburst/>

Thanks to Mr Lawrence Eberhart for the resource at Poets COLLECTIVE Site.

Stress  
(Poetic form : Gembella Sonnet)

Nowadays everyone is talking about stress,  
what pushes one's mind and body in complete mess  
Let us know clearly, what makes one so upset  
It's an internal action that puts one's day to  
day life in jam; who has suffered, knows well it's true.  
In life problems will knock but you've to come out of stress;  
Try to learn how to manage stress; don't fear of threat.

Our brain decides first calling when it feels access  
of likely danger and sends stress hormones with distress  
warning through the blood stream swiftly when senses threat.  
It ramps up heart rate with fast breathing one feels blue;  
tighten muscles, BP rises, fears what to do;  
Sense organs becomes sharper but mind can't decide or guess;  
Physical changes increase strength and mind gets fret

Speeds up reaction time, enhance focus instantly, yet  
mind prepares to fight / flee from danger with changed mindset.

~X~X~

Poetic form : Gembella Sonnet

It is invented by the International poet and Writer

Alemseged Sisay on the Bulvard of Addis Ababa City.

Gembella Sonnet is a form of poetry of three stanzas:

Two Gembella-Septet stanzas + a couplet with a rhyme scheme bb

Rhyme scheme of the septets is : aabccab

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Team work  
(Poetic form : Abyssinia Sonnet)

Your team would always remember support  
you gave to finish job within time, sort  
of lending hand to lighten their workload  
but make it known how nicely they have done.

Acknowledge well their contribution to  
all; Being team head be calm, maintain light  
voice in tense situation, when work slowed  
take lead, try to work as per rules what's right.

Don't blame your team members, never to shun;  
know small acts can make a big impact too.  
As Team Head always encourage your staff,  
find time for them to enjoy work and laugh.  
At tough work flow be always positive  
to motivate team, be demonstrative.

~X~X~

Poetic form : Abyssinia Sonnet

It is invented by the International poet and Writer

Alemseged Sisay on the Bulvard of Addis Ababa City.

Abyssinia poem is a two stanza poetry.

The main ( first) stanza has 10 lines and the second stanza has 4 lines.

Abyssinia poem has two type

1- Abyssinia Simple

2- Abyssinia Sonnet

Both have a rhyme scheme of

- The main stanza has a rhyme scheme of "aabcdebecd"

- the quatrain has a rhyme scheme "ffgg"

Abyssinia Sonnet has 10 syllables per line.

The life  
(Poetic form :: Gidicho Sonnet)

Research says, one can easily assess  
the life in three ways without any stress;  
First, understand things happen in life for  
a reason, though it may not fit to score  
development into life, one shouldn't guess.

But the moment one feels things happen due  
to reason, shows one has a faith; it's true.

Second, the belief one is alive in  
order to do something special therein;  
Therefore there exists purpose to pursue.

Third, life's inherent value; It's a sense  
that life really matters, no pretense.

~X~

Poetic form : Gidicho Sonnet

It is a 12 line poem separated with three stanzas.

The upper two stanzas have a rhyme scheme  
of aabba,ccddc; and the envoy is ee.

All lines have a syllable of 10 each.

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Our cries  
(Poetic form :: Daramallo Sonnet)

I observe, baby can express her need,  
indeed in right time only through her cry  
try to seek Mom's attention by her deed;  
feed or needs something else and Mom knows why.

Different pitch uses with unique cries  
apprise Mom; high pitched shows deliberate  
difference that's for hunger, no surprise  
tries to bring comfort she's considerate.

When we pray, God at times remain quiet;  
Silent doesn't mean HE hasn't heard, said wise man  
begin acts to bring peace; not unquiet  
disquiet not be HE'll bring smiles, not pain.

Our cries for support HE hears through prayer.  
care HE takes answers prayer at right hour.

~X~

Poetic form :: Daramallo Sonnet  
It is invented by the International poet and Writer  
Alemseged Sisay on the Bulvard of Addis Ababa City.

Daramallo Sonnet is a 14 lines poem of four stanzas sonnet.  
Each line has 10 syllables and the rhyme is different from the usual rhyme scheme.  
At the beginning of each line and at the end of each lines flows down the rhyme  
looks like as the following.  
abab – to the left side; and abab to the right side of the lines of the 1st stanza  
cdcd-to the left side and cdcd to the right side of the 2nd stanza  
efef- to the left side and efef – to the right side of the 3rd stanza  
the envoy will have gh to the left side when it seen from up to down and gh to the  
right side when it seen from up to down.

A big threat  
(Poetic form :: Wollo Sonnet)

TB caused by germs spreads through the air most  
often affect the human lungs (it's the host)  
but it is curable with right medicine dose.  
Study says TB kills many persons each day.  
TB spreads from person to person, studies say.  
Spit, cough and sneeze of infected people play  
the role to spread germs into air every day  
inhaling few of these germs one gets infected.  
Symptoms of active lung TB affected  
are cough with sputum blood at times undetected,  
chest pains, weakness, weight loss, fever expected  
night sweats. But it's preventable and curable.  
It is said, mostly adults are at risk to get  
infected, though all age group may suffer;  
Despite efforts TB remains as a big threat.  
Sad to see untreated people makes thing tougher.  
~X~X~

Poetic form :: Wollo Sonnet

Wollo Sonnet is invented by the International poet and Writer Alemseged Sisay on  
the Bulvard of Addis Ababa City.

Wollo Sonnet Rules::

The main three stanzas have aaab,bbbc,cccd rhyme scheme

The envoy has efef rhyme scheme

— 12 syllable per line



The trick  
(Poetic form ::Schwim's Sonnet)

Have you noticed in the morning moment  
don't like unusual events, refuse,  
just care to do something similar to  
what we've done before, not for new action.

That time we're not activated we're  
not cognitively awake. Afternoon,  
we've already gotten there; we're ready  
to deal with many more stimulation.

Study says such behavior impacts much  
not only appetite but attitude,  
choices, judging we make while buy something.  
Tricks used for marketing plan formation.

And yet we fail to see trick each occasion.  
~X~X~X~

Note: This presentation is based on information available in Net.  
Poetic form :: Schwimm's Sonnet::

This shall be classed as a 13 line Gadget Sonnet.  
Schwin's Sonnet, a para-sonnet form created by W. W. Schwimm.

It is:  
Stanzaic, consisting of 3 quatrains and stand-alone line.  
Metric, in that the quatrains are iambic pentameter,  
and the closing line is tertious paeonic catalectic.

Rhymed, where the rhyme pattern is abcd ebfd gbhd d,  
and every odd numbered quatrain line has internal rhyme  
between the last foot and the second foot,  
which in extended notation looks like this:  
(a/a)b(c/c)d (e/e)b(f/f)d (g/g)b(h/h)d d  
The volta should normally be at L13.

Pasted from <http://poetscollective.org/everysonnet/schwims-sonnet/>  
Thanks to Mr Lawrence Eberhart for the resources at Poets Collective Site.

Our past acts  
(Poetic form : Storm Sonnet)

Psychologists say, living in present  
is the best way of our living; should we  
pretend the past has nothing more to say;  
does mind not steer, impact life in some way?

Have we not felt comfortable with some  
who praised our unplanned acts, endorsed our thoughts?  
We called them as friends but when we stepped out  
of comfort zones, they withdraw as we scout.

Past shows with positive motivations  
we performed well, learnt to face criticism;  
But, continued to follow our passions  
based on love for specific past actions.

From past acts and failures we've learnt lesson  
how to approach the future and present  
~X~X~X~

Poetic form : Storm Sonnet

This is a sonnet form created by Mark A. Whittington-Buckley, aka Stormy22 on Allpoetry.

This is a stanzaic sonnet consisting of 3 quatrains and a couplet

The rhyme pattern is abcc deff ghii jj

It is normally written in iambic pentameter

But the poet may choose trochaic ,

(the poet may also choose to pen in tetrameter)

The volta or turn is to occur at or following line 9.

Reference:: <http://everysonnet.blogspot.com/2013/03/storm-sonnet.html>

Note: This presentation is based on the information available in Net.

What's my fault ?  
(Poetic form : Saraband Sonnet - English Style)

Don't say to forgive you from heart;  
it's too late, how to forget those  
days, when the kid played lone in dirt.

How to bury those memories  
of parent-teachers' meet in school?  
Staring at parents of every  
classmates, standing lone like a fool.

Why did you not care while depart?  
How can you return my fourteen  
years of boyhood; you broke my heart.

My best baseball deliveries  
others' parents cheered, I played cool;  
Never enjoyed bedtime stories  
what's my fault, why you're so cruel?  
~X~X~X~

Poetic form : Saraband Sonnet - English Style

The elements of the Saraband Sonnet - English Style are:

It's stanzaic, a quatorzain, composed of only 2 septets.

It's octasyllabic or iambic or trochaic tetrameter but an extra foot can be added to  
use the sonnet classic iambic pentameter meter.

rhyme scheme axabcbcb axabcbcb, x being unrhymed

Pasted from <http://www.poetrymagnumopus.com/forums/topic/2161-saraband/#sonnet>

Thanks to the efforts of Judi Van Gorder for a wonderful resource at Poetry Magnum Opus.

Feel quietness  
(Poetic form : Saraband Sonnet – French Style)

Sometimes we observe a great sense  
of negativity arise,  
feel pressure in mind, so intense;

Try to believe life with no love;  
baffled, demoralized kind of  
pulling down our proven mindset,  
feel stunned, visualize false threat.

But, surrender needs no defense  
to HIM, despair vanishes; wise  
thoughts appear, life's trueness commence.

Practice silence taking sort of  
break from social networks thereof  
to feel quietness, peace; forget  
for few days using internet.

~X~X~X~

Poetic form : Saraband Sonnet – French Style

It has Four stanzas with Volta at Line 8

Stanza 1 a tercet, rhyme axa or aaa

Stanza 2 a quatrain, any quatrain form or rhyme

The stanza forms may be mixed for French Style bbcc

Any metrical foot or any metrical line

Stanza 3 a tercet, same tercet form as stanza 1 a it

Requires both tercets to rhyme.

Stanza 4 a quatrain, any quatrain form and rhyme

Rhyme scheme: depends on the form chosen.

Rhyme: aaa bbcc aaa bbcc OR aza bbcc aza bbcc

Pasted from <http://www.poetrymagnumopus.com/forums/topic/2161-saraband/#sonnet>

Thanks to the efforts of Judi Van Gorder for a wonderful resource at Poetry Magnum Opus.

Can't be true  
(Poetic form :: Sarabande Sonnet- Italian Style)  
( Based on a media report on a war hero)

Tell me why I remember you  
throughout the whole day to see you  
just one more time to say adieu.

Left for war on our marriage day  
with promise to come back soon to  
stay with me; I waited for you  
years with hope you'll return one day.

Yet, I try to remember you  
your face, your eyes, your smile, talks too  
rebuild happy instant anew.

Through telegram informed one day  
bravely you fought in war field to  
lay your life and buried there too;  
Can't be true; Will you come one day?  
~X~X~X~

Poetic form:: Sarabande Sonnet- Italian Style

Stanza 1 a tercet, rhyme axa or aaa

Stanza 2 a quatrain, any quatrain form or rhyme baab

Stanza 3 a tercet, same tercet form as stanza 1

Stanza 4 a quatrain, any quatrain form and rhyme

- Any metrical foot / Any metrical line /Some authorities insist on eight syllables but  
this is not cut and dried

Rhyme scheme:

depends on the form chosen. aaa baab aaa baab OR axa baab axa baab

The volta the first line of the second tercet.

Pasted from <http://www.poetrymagnumopus.com/forums/topic/2161-saraband/#sonnet>

Thanks to the efforts of Judi Van Gorder for a wonderful resource at Poetry Magnum Opus.

To move out  
(Poetic form : The Keatsean Sonnet)

Too afraid to move out of comfort zone;  
To leave known people, old friends, family  
relationships create many constraints.

But can't afford to lose the job; alone  
need to move out from there unhappily;  
issues they heard, still it didn't cut the ice.

Marching order issued, whom to complain  
had to shift to a place till now unknown;  
learned valuable things actually.

New people their traditions did explain  
many unknown issues, cause to entice  
to enrich own beliefs, thoughts, feelings too.

But, truly helped to be caring, be nice  
to be kind – a great change in me, it's true.  
~X~X~X~

Poetic form : The Keatsean Sonnet

It is a sonnet form patterned after John Keats' poem On the Sonnet.

It is interesting that in researching it was found Keats wrote several sonnets, mostly in the Petrarchan or Shakespearean form. But this one sonnet, the frame of which he himself did not duplicate, sparked imitation and a sonnet form named for him.

Primarily written in tercets with its own unique rhyme scheme and irregular meter, Keats demonstrated that a stanza is not set apart by rhyme scheme nor metric pattern but by a thought. He included all of the components of a classic sonnet but he deliberately scrambled them.

The elements of the Keatsean sonnet are:

- Lyrical
- A quatorzain, 14 lines, made up of 4 tercets followed by an unrhymed couplet.
- Metric patterns at the discretion of the poet.
- The poem is metric, the pattern however is irregular.
- Rhymed, rhyme scheme abc abd cab cde de.
- Composed with pivot late into the sonnet, between the last tercet and the couplet.

Pasted from <http://www.poetrymagnumopus.com/forums/topic/2839-keatsean-sonnet/>  
Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

Try  
(Poetic form : The Napoleonic /  
The Sonondilla/ The Sardine Sonnet)

Why we compare us with neighbours,  
envy the lives they enjoy, though  
we've no idea, we don't know  
how they've faced world, how they labor.

Forget we're capable of what  
we allow ourselves to do, why  
believing there's no point to try;  
Fact is in life there's no shortcut.

We stop ourselves to grow more by  
restricting our movement, feel shy,  
scared to explore unknown options,  
we panic and don't take actions.  
But, only winners score too high  
as they took risk, chose to try.

~X~X~X~

Poetic form :: The Napoleonic / The Sonondilla./ The Sardine Sonnet

A sonnet that uses redondilla as a base.

Each line is eight syllables and has the rhyme scheme abba ddceeffee or  
abbaabbacddcc.

It is also known as the Redondilla sonnet, the Napoleonic sonnet, or the Sonondilla.

Reference:: <http://www.poetrybase.info/forms/002/290.shtml>

Once more  
(Poetic form :: Wyatt / Surrey Sonnet)

It's reality but heart doesn't accept;  
Still wishing if you by chance change your mind.  
My heart is not in agreement with mind.  
Unable to think what was my defect.  
Believe me, never wanted to repent.  
Its destiny sitting alone to find  
what went wrong, you left a letter unsigned  
stating can't stay with me, made me upset.

Yet, hoping you'll return soon; you know well  
without you I'll be losing interest  
to live in complex world; I'm ignorant  
of culture, norms; for me it'll be like hell.

I was so much dependent on you for  
starting new life; can you not think once more?  
~X~X~X~

Poetic form :: Wyatt / Surrey Sonnet

Although the sonnet began in Italy in the 13th century, Thomas Wyatt 1503-1542, was one of the first English poets to translate and utilize the form. He used the Petrarchan octave but introduced a rhyming couplet at the end of the sestet. His friend the Earl of Surrey also initiated more rhyme.

The Italian form was restricted to 5 rhymes.

After Wyatt and Surrey the sonnet could have 7 rhymes. They also shifted the sonnet away from the slightly more intellectual and argumentative Petrarchan form, and gave new importance to the ending, declamatory couplet.

This Wyatt/Surrey adaptation of the sonnet has not been officially named, But for the sake of identification it has been named Wyatt/Surrey Sonnet.

The elements of the Wyatt/Surrey sonnet are:

- A quatorzain, written with a Petrarchan Octave followed by an envelope quatrain ending with a rhyming couplet.
- Metric, primarily iambic pentameter.
- Rhyme scheme is abbaabba cddc ee.
- It is composed with the volta (non physical gap) or pivot (a shifting / tilting of the main line of thought) sometime after the 2nd quatrain.
- Distinguished by the declamatory couplet.

Pasted from <https://www.poetrymagnumopus.com/topic/1045-wyattsurrey-sonnet/>  
Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.



Spiritual Poverty  
(Poetic expression:: The Spenserian Sonnet)

Rejection of worldly goods has been seen  
as means for spiritual growth, to lead  
a life in balance with HIS will, to wean  
every material thing with no greed.

It's said, the poverty of spirit freed  
one to empty of self so that HE can  
fill with life and love. Prayers to HIM lead  
to grow each one of us in our life span.

Spiritual poverty frees one man  
from anxiety about future. But  
we shouldn't forget the fact, worldly "things" can  
not make us rich to HIM, one can't rebut.

True satisfaction comes from HIM; increase  
in one's worth can't bring lasting inner peace.

~X~X~X~

Poetic expression:: The Spenserian Sonnet

It was named for Edmund Spenser 1552-1599, a 16th century English Poet.

The Spenserian Sonnet inherited the tradition of the declamatory couplet of Wyatt / Surrey although Spenser used Sicilian quatrains to develop a metaphor, conflict, idea or question logically, with the declamatory couplet resolving it.

Beyond the prerequisite for all sonnets, the elements of the Spenserian Sonnet are:

- A quatorzain made up of 3 Sicilian quatrains (4 lines alternating rhyme) and ending in a rhyming couplet
- Metric, primarily iambic pentameter.
- Rhymed, rhyme scheme ababbcbccdcdee.
- Composed with a volta (a non physical gap) or pivot (a shifting or tilting of the main line of thought) sometime after the 2nd quatrain. The epiphany is arrived at logically.
- Written with each quatrain developing a metaphor, conflict, idea or question, and the end declamatory couplet providing the resolution.

Pated from <http://www.poetrymagnumopus.com/forums/topic/1044-spenserian-sonnet/>

Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

Don't blame  
(The Wordsworth Sonnet)

My boy, don't blame HIM, Fr. Daniel explained;  
Yes, at times we feel HE has abandoned  
us, faith put to great test; don't feel saddened  
why HIS help didn't reach in time, don't complaint;  
Sometimes people lose faith on HIM remain  
regretful, develop resentment; But  
it's our weak minds, faults lies with us somewhat.  
HE is listening, HE's not to be blamed.

We aren't sensitive enough to discern  
HIS response; we're incapable to churn  
out own limited thinking, we don't learn  
how to see Truth as it's; yet to yearn;

HE's attentive; Thoughts comes in mind must heed  
but we don't, Fr. said, throw your ego, greed.

~X~X~X~

Poetic form :: The Wordsworth Sonnet

English poet, William Wordsworth (1770-1850) is credited with being the leader of the romance movement in England. He sometimes wrote his poems in a series focused on a period of history or cultural event, often in sonnets. His Ecclesiastic Sonnets which chronicle the schism between the Catholic Church and the Church of England are typical of his endeavors.

Most of his sonnets were written in the Petrarchan or Italian Sonnet form. However, there is one sonnet in which he created his own rhyme scheme, the criteria of which ultimately became known as the Wordsworth Sonnet.

The elements of the Wordsworth Sonnet are:

- 1.A quatorzain. Looking at the rhyme scheme only, one could say the quatorzain is made up of an octave of 2 envelope quatrains, an alternating rhyme quatrain and a rhymed couplet in that order.
- 2.Metered, iambic pentameter.
- 3.Rhymed abbaacca dede ff.
- 4.Written as a Catalogue poem.
- 5.It is composed with the pivot or volta in the very last line.

Pasted from <http://www.poetrymagnumopus.com/forums/topic/1041-wordsworth-sonnet/>  
Thanks to Judi Van Gorder for the resource at Poetry Magnum Opus Site.

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### Review (Poetic form :: Wreathed Sonnet)

Year ends, nowhere I'm near target;  
market quiet thinking--who'll buy;  
Oh! my boss won't allow bargain;  
Clear-cut guidance, he'd say, can't fly.  
I'll try, damn sure Boss will fire me.  
Know he doesn't believe to pardon,  
Jargon like last year can't save me;  
Fresh plea this time won't be pardoned.  
Afraid boss will throw my logic;  
profits figure with sales data  
too he'll review, no more logic.  
Project aim is clear to him; he  
won't free my tension, felt nauseous;  
Project to re-assign later.  
~X~X~X~

#### Poetic form :: Wreathed Sonnet

Wreathed poetry is simply a natural blending of English poetry with the Celtic Welsh. Its creator George Herbert was born into a wealthy artistic family in Wales and later was educated in Trinity College, Cambridge and was unpublished until after his death. It is believed that his poem 'A Wreath' was inspired by the Welsh form Englyn cryrch which uses an internal rhyme scheme with an external one.

Remembering that Herbert was formerly an academic and would have been aware of the sonnet, but it would not be formalized during Herberts lifetime and so in The Wreath he gives his own version of the sonnet; The sonnet sometimes considered to consist of an Octave, and a Sestet, both as well as having a standard rhyming form but also possessing internal rhymes. The octave in reality is two Quatrains linked by the internal rhyme, and similarly the sestet.

If the octave is linked to the sestet by an internal rhyme, then it should be presented as a fourteen (14) lines poem, and if not then as an eight (8), six (6).

Like the Petrarch sonnet, no meter would have been set, so that is left to the discretion of the poet.

The basic form is thus:

x. x. x. x. x. x. a.  
x. a. x. x. x. x. b.  
x. b. x. x. x. x. a.  
x. a. x. x. x. x. b.  
x. b. x. x. x. x. c.  
x. c. x. x. x. x. d.  
x. d. x. x. x. x. c.  
x. c. x. x. x. x. d.  
x. x. x. x. x. x. e.  
x. e. x. x. x. x. f.  
x. b. x. x. x. x. e.  
x. e. x. x. x. x. b.  
x. b. x. x. x. x. e.  
x. e. x. x. x. x. f.

Reference:: <http://www.thepoetsgarret.com/sonnet/wreath.html>

When needed  
(Poetic form :: Trinidad Sonnet)

“TIME AND TIDE WAIT FOR NONE” ~ Proverb.

Realized late meaning of that proverb.  
Lost some opportunities for lifetime  
importance of time just failed to honor.

Sometimes wonder have I accomplished that  
aim, what's thought long time back, or wasted time ;  
truly don't know where I'm really at.

When needed wasted time, now suffering;  
feel lost far away from expectation;  
Yet, none lends hand, what to do wandering.

Life taught, one needs to respect time and use  
it in each event for timely action  
to achieve life's aim, no way to misuse.

Realized late meaning of this proverb.  
When needed wasted time, now suffering.  
~X~X~X~

Poetic form :: Trinidad Sonnet

This is a form invented by Jose Rizal M. Reyes of the Philippines

4 tercets + couplet

First and seventh lines compose ending couplet

Rhyme Scheme: Aba cbc Ded fef AD

Generally Iambic Pentameter

Volta at or following line 9

Reference: <http://everysonnet.blogspot.com/2012/11/trinidad-sonnet.html>

Precision  
(Poetic form :: Word Sonnet)

Don't  
forget  
what's  
taught.

Daylong  
practices  
makes  
strong.

Precision  
develops  
with  
repetition.

Respond  
nonchalance.  
~X~X~X~

Poetic form :: Word Sonnet

Introduced originally in 1985 by New Formalist, American poet Brad Leithauser.

It is Quatorzain- One word per line

Consists of three quatrains plus a couplet

Volta at poets option.

Pasted from <http://poetscollective.org/everysonnet/word-sonnet/>

Thanks to the efforts of Mr. Lawrence Eberhart for a wonderful resource at Poets COLLECTIVE site.